# MENUS MADE EASY.

# MENUS MADE EASY;

or,

HOW TO ORDER DINNER AND GIVE
THE DISHES THEIR FRENCH NAMES

# NANCY LAKE.



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# INTRODUCTION.

This publication is a humble endeavour to afford some assistance to ladies in the daily difficulty of what to order for dinner, and how to describe it.

Cooks are not generally gifted with fertile imaginations, and are inclined to get into a routine which is a source of annoyance to those who desire a variety of dishes, if not for themselves, at least for their friends. Ladies often wish to be ready with suggestions of a change in the proposals of the cook, and even when in some measure provided with these, a second difficulty arises—what are these dishes to be called? What are the correct technical names for them?

The French of cookery is a language of itself, and those who are not learned in it are often entirely at a loss when suddenly called on to write out a correct French menu with no other assistance than that of a dictionary. In carrying out this idea, lists of

various dishes have been given, arranged in courses, with the French names, as well as the English equivalent or description.

It is not intended to give recipes, such as would be adequate for the preparation of the dishes in the kitchen; the dishes are only so far described as to enable the mistress to recognize them, giving a general idea of their ingredients and of their appearance when sent to table.

If the full recipes are desired for the cook's use, they will be found in the well-known cookery books, so many of which are now published.

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- Jean Doré à la crémière is boiled in milk and

  •water, and served with a sauce of cream,
  butter and lemon-juice.

   à la purée de crevettes—served in a purée of
  prawns, with melted butter and Béchamel
  sauce.
- à la batelière—served in white sauce with button onions, mushrooms and essence of anchovy.
- en matelote marinière—served in Matelote sauce with oysters.
- --- au gratin is dressed in the same way as turbot.

#### LAMPREY.

- **Lamproie** à *l'Italienne* is filleted, and stewed in wine with oil, onions, herbs and lemonjuice.
- --- au supréme is cut up, sauté, and served in a sauce of red wine with truffles.

They are also dressed in many of the ways given for eels.

#### MACKEREL.

Maquereaux à l'eau de sel are boileû.

— à la maître d'hôtel—broiled, and served in Maître d'hôtel sauce. Fillets are also dressed in this way.

- Maquereaux à la Flamande—stuffed with chopped shallots and chives, butter, and lemon-juice; and broiled.
- grillés au beurre noir—grilled, and served with black-butter sauce.
- gooseberries, pieces of herring, &c.; boiled, and served in green gooseberry sauce.
- Filets de maquereaux à la Vénitienne fillets served in brown sauce with tarragon, chervil, truffles and port wine.

#### RED MULLET.

Rougets en caisse are broiled in papers,	sprinkled
with chopped parsley and oil.	

- —— en papillotes are baked in papers and served with Italian sauce.
- ---- à la Ravigote—baked in papers and served in Ravigote sauce.
- aux fines herbes—cooked with butter, wine, Harvey sauce and anchovy. Served in the sauce with chopped mushrooms, parsley, shallot, and lemon-juice.
- à la maître d'hôtel—served in Maître d'hôtel sauce. They are dressed in this way in fillets.
- Filets de rougets à la Montesquieu fillets cut in halves, sauté in butter with wine, lemon-

juice, &c., and served with a sauce of melted butter and milk.

#### GREY MULLET.

- Mulets au beurre fondu are broiled, and served with melted-butter sauce.
- grillés au vert—broiled, and served with green sauce.

#### PERCH.

**Perches** are dressed in the same way as carp, tench and trout; and also in a water souché.

PIKE.
Brochet farci is stuffed and baked.
sauce au beurre d'anchoisboiled, and served
with anchovy sauce.
—— au bleu—pickled.
sauce.
sauce aux câpres-served with caper sauce.
en matelote-stuffed and baked; served with
Matelote sauce.

#### PILCHARDS.

**Pélamides** are dressed in the ways suggested for herrings.

#### PLAICE.

Plie au gratin are baked in brown sauce, covered with breadcrumbs. They are dressed in the same way as soles.

# SALMON. Saumon $\hat{a}$ la tartare is grilled, and served with

Tartare sauce

slice of salmon.

à l'Écossaise is crimped and boiled.
— à l'Indienne—cut in pieces and stewed in
curry sauce.
— à la Hollandwise—served with Hollandaise
sauce.
—— à la Beyrout — slices broiled in papers,
and served in a sauce of onions, mush-
rooms, &c.
- d la crème d'anchois-slices served in a
sauce of melted butter, anchovy, &c.
— à la Cardinal—a whole fish stuffed with
fish forcemeat, braised, and served in
Cardinal sauce.
— à la Régence—a small fish covered with
forcement, to which chopped truffles are
added; served in Périgueux sauce.
en matelote-served in Matelote sauce.
Tranche, or Darne, de saumon grillée—a grilled

- Filets de saumon à l'Indienne fried fillets,

  \*served with curry sauce.

   à la Maréchale fillets sauté, and served
  with Ravigote or Aurora sauce, garnished
- with Ravigote or Aurora sauce, garnished with shrimps or oysters.
- à la Tarture fried fillets, served with Tartare sauce.
- à la Ravigote—fillets sauté, and served in Ravigote sauce.
- Mazarine de saumon is a steamed mould of salmon forcemeat. It may be garnished with prawns, or served with Cardinal sauce.
- Mayonnaise de saumon—pieces of cold salmon, with lettuce or other salad, and Mayonnaise sauce.

#### SHAD.

Alose à la Maître d'hôtel is baked, and served with Maître d'hôtel sauce. It is also dressed in fillets, sauté.

#### SKATE.

- Raie à la Maître d'hôtel is served with Maître d'hôtel sauce.
- —— au beurre noir—crimped and boiled; served with black-butter sauce.
- ---- frite-filleted and fried.

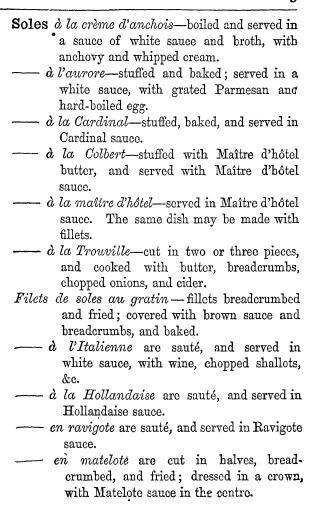
- Raie à la noisette—filleted and boiled; served in butter sauce with the pounded liver of the skate, and Tarragon vinegar.
- --- aux fines herbes—cooked with milk, butter, flour, lemon, herbs, &c., and served with fine-herbs sauce.

#### SMELTS.

- Eperlans à la Juive are bread-crumbed, fried, and served without sauce. Served with anchovy sauce in a sauce-boat they are called à l'Anglaise.
- ---- en ragoût-stewed in white stock with herbs and wine.
- --- au gratin—baked with melted butter and dried herbs, covered with breadcrumbs and sprinkled with wine.
- Buisson d'éperlans—breadcrumbed and fried with their tails in their mouths. Melted butter should be served with them.

#### SOLES.

- Soles frites à l'Anglaise are breaderumbed and fried.
- --- au gratin—covered with brown sauce and bread crumbs, and baked.
- d la Normande—stewed with oysters, and baked with a rich brown sauce.



Filets de soles à la Rouennaise are coated with whiting forcement coloured with lobster spawn, and served with white Matelote sauce.

#### STURGEON.

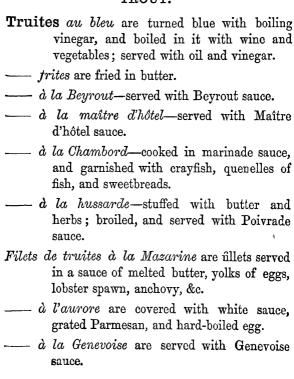
- Esturgeon en fricandeau is cut in thick slices, larded, stewed with bacon and mushrooms, and browned.
- à la Royale—tied up in the form of a bolster, covered with forcement, and ornamented with pieces of truffle, tongue, &c.
- Darne d'esturgeon au four is a baked slice of sturgeon.
  - braisé is larded and braised.
- grillé sauce piquante is broiled, and served with Piquante sauce.
- à la bourguignotte is served with Bourgui gnotte sauce.

#### TENCH.

# Tanche frite is fried.

- sur le gril is grilled.
- au court-bouillon—boiled in court-bouillon, and served with caper sauce.

#### TROUT.



#### TUNNY.

Thon frit is cut in pieces and fried. It is served with Remoulade sauce.

#### TURBOT.

Turbot à la Hollandaise is served with
Hollandaise sauce.
sauce homard-served with lobster sauce.
— à la crème d'anchois—served with a sauce of melted butter, anchovy butter, and cream, and sprinkled with chopped gher- kins and capers.
— à la Mazarine—served in the same sauce as fillets of trout "à la Mazarine."
— à la réligieuse — served in Hollandaise sauce, sprinkled with chopped tarragon.

and garnished with hard-boiled egg.

— grillé à la Vatel—grilled; served with

— au gratin, or à la Béchamel—pieces of turbot in Béchamel sauce, covered with breadcrumbs and grated Parmesan, and

mussel sauce and crayfish.

browned.

- Turbot à la crème gratiné—alternate layers of pieces of turbot and of a sauce of milk, butter, flour, yolks of eggs, parsley, &c., sprinkled with breadcrumbs and grated Parmesan, and browned.
- ---- au gratin à la Provençale alternate layers of pieces of turbot and Provençale sauce, breadcrumbed and browned.
- à la Parisienne—stuffed and baked; served with a white sauce.
- à la Normande—stuffed and baked; served with white Matelote sauce.
- Petit Turbot à la Meunière is a small fish crimped, grilled, and served in a sauce of melted butter, yolks of eggs, and lemon juice.

#### WEAVERS.

- Vives au gratin are stewed, breadcrumbed, and baked.
- and anchovy; cooked in wine with butter and vegetables, and served in the sauce. If served with Italian sauce they are called à la Bordelaise.
- à la Maître d'hôtel—broiled and served with
  Maître d'hôtel sauce.

#### WHITEBAIT.

- Blanchailles are fried. They should be served with lemon, cayenne, and slices of bread and butter.
- à la Diable are devilled.

#### WHITING.

- Merlans au gratin are breadcrumbed and fried with their tails in their mouths.
- à la Française—dipped in milk, floured and fried. Served with anchovy or any other sauce.
- Filets de merlans à la Hollandaise fillets served with Hollandaise sauce.
- à l'Italianne are served with Italian sauce.
- à la Orly are floured, fried, and served with tomato sauce.

#### WHITING POLLOCK.

Colin frit is cut in slices, fried, and served with oil and lemon.

#### SHELL FISH.

#### CRAB.

Coquille de crabe is scalloped crab, served in the shell. It can also be dressed in a salad in the same manner as lobster.

#### CRAYFISH.

- **Écrevisses** au court-bouillon are boiled in court-bouillon. If served in Bordelaise sauce they are called à la Bordelaise.
- Aspic d'écrevisses a mould of crayfish, meat jelly, and vegetables cut in shapes. Served with Mayonnaise sauce.
- Petits pátés aux écrevisses—covered patties, filled with crayfish and quenelles of fish.
- Langouste à la broche. Sea crayfish roasted.

#### LOBSTER.

- Homard au court-bouillon is boiled in court-bouillon and served with lobster sauce.
- —— à la Bordelaise—cut up and served in Bordelaise sauce.
- au kari curried; served with boiled rice.
- -- m aspic—slices coated with white sauce, in a mould of aspic.

- Côtelettes de homard are lobster cutlets. They may be served with Mayonnaise sauce.
- Miroton de homard à la Cardinal—slices of lobster, half of them dipped in white sauce, and half in the same sauce coloured with lobster butter. Dressed on a salad with Mayonnaise sauce.
- Coquille de homard—scalloped lobster, served in the shell.
- Croquettes de homard are croquettes of lobster with the coral and spawn, white sauce, yolks of eggs, &c., breadcrumbed and fried.
- Rissoles de homard—the same preparation folded in a thin piece of paste, breadcrumbed and fried.
- Petits vol-au-vents de homard are little puff paste patties filled with the croquette preparation of lobster.
- Bouchées de homard à la Béchamel are patties smaller than the vol-au-vents, filled with chopped lobster in Béchamel sauce.
- Petits pâtés de homard à la patissière are little covered lobster patties.
- Mayonnaise de homard—the lobster cut up and served with lettuces and Mayonnaise sauce; ornamented with anchovies, olives, and pieces of hard-boiled eggs.

salade de homard à l'Indienne — cut in slices and served on à salad with Indian pickles and Mayonnaise sauce; garnished with hard-boiled egg.

#### MUSSELS.

- Moules à la poulette are cooked in butter with chives and parsley, and served in the sauce with yolks of eggs.

  \_\_\_ à la Villeroi are masked with Villeroi sauce; breadcrumbed and fried.
- au gras—stewed with bacon, stock, flour, mushrooms, &c.
- Coquilles de moules—scalloped; served in scallopshells.

## OYSTERS.

- Huîtres à la Villeroi—large oysters, each coated with Villeroi sauce, breadcrumbed and fried.
- au Parmesan—browned with breadcrumbs, grated Parmesan, chopped parsley, and wine.
- —— en papillotes—rolled in oval-shaped pieces of a paste made of mashed potatoes, flour and butter, and baked.
- à la Diable are devilled—broiled, seasoned with butter, lemon-juice and cayenne.
  - Slices of brown bread and butter are served with them.

- Rayoût aux huîtres stewed with vegetables, butter, flour, &c. Served in the sauce with yolks of eggs.
- Coquilles aux huîtres—scalloped and served in scallop-shells.
- Bouchées aux huîtres are small oyster patties.
- Petits pains aux huîtres—oysters stewed with breadcrumbs and butter, and baked in very small rolls, from which the crumb has been scooped out.
- Kromeskys aux huîtres oysters cut up and cooked with butter, flour, yolk of egg, &c. Small pieces are wrapped in thin slices of bacon, dipped in batter and fried.
- Croûtes aux huîtres—oysters pounded with cream and spread on small pieces of toast.
- Andouillettes aux huîtres are small sausages of beef suet, breadcrumbs and oysters, with eggs, &c.
- Croquettes aux huitres are croquettes of oysters with oyster sauce, yolks of eggs, cayenne, and lemon-juice. Breadcrumbed and fried.
- Rissoles aux huîtres are made of the same preparation wrapped in a thin coating of paste, breadcrumbed and fried.

Oysters can also be curried, or fried in butter, or dressed in a vol-au-vent, or in an omelette,

#### SHRIMPS AND PRAWNS

These are dressed in Rissoles or Petits pâtés in the same way as lobster. They are called Rissoles or Petits pâtés, de crevettes—of shrimps, de chevrettes—of prawns.

The preparations of shell fish are generally served as entrées. Lobster *en aspic* may be served in the second course instead of a dressed vegetable.

### CHAPTER III.

#### ENTRÉES.

#### BEEF.

The fillet, or undercut of the sirloin, is the part most used in the preparation of entrées. It is dressed as:

- Filet de bœuf à la Française—cut in slices and broiled; scrved on Maître d'hôtel butter, with fried potatees.
- à la Châteaubriand, or Châteaubriand grillé—thick slices broiled and served in Châteaubriand sauce, or in Périgueux sauce, with mushrooms.
- --- à l'Italienne -- thin, oval-shaped pieces, floured, fried, and served in Italian sauce.
- Escalopes de filet de bæuf à la Réforme—
  thin slices, each laid between two slices
  of bacon; breaderumbed, with chopped
  ham mixed with the crumbs, and fried.
  Served with Reform sauce.
- à la Nemours thin slices covered with forcemeat and slices of ham, put together

in pairs, breadcrumbed and fried. Served with a white sauce.

Escalopes de filet de bœuf à l'Ostende are spread with a sauce of chopped onions, Ostend or other oysters, white sauce, &c.; put together in pairs, breaderumbed and fried. Served with a brown sauce.

—— piqués au chasseur are larded, soaked in marinade, and braised. Dressed in a crown, with brown sauce and currant jelly.

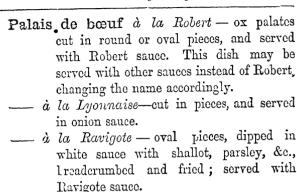
Grenadine de filet de bœuf à la Financière cut in slices, larded, cooked in mirepoix, and served in the sauce with Financière garnish.

Tournedos à la sauce poivrade—slices of cooked fillet dressed in a crown alternately with fried slices of bread of the same size. Poivrade sauce in the centre.

This may be served with olives, or French beans, instead of the Poivrade sauce; and would then be called *Tournedos aux olives*, or *aux haricots verts*.

Slices of the fillet served with Piquante, Hollandaise, or other sauce, are called after the sauce with which they are served.

- Mironton de bœuf are slices of cooked beef in a sauce of onions, butter, gravy, flour, &c.; covered with breadcrumbs and baked.
- Bouf en suucissons slices of beef spread with forcement, rolled to the shape of sausages, stewed, and served in the sauce.
- Bouilli en matelote slices of boiled beef in a sauce of stock, wine, onions, mushrooms, &c.
- Entre-cites de bouf à la Bordelaise are thick slices of ribs of beef broiled and served in Bordelaise sauce, with pieces of beef marrow.
- Moëlle de bœuf à la Orly—becf marrow cut in long pieces, dipped in batter and fried; served with tomato sauce in a sauce-boat.
- Quenelles à la moèlle are quenelles of beef marrow with breadcrumbs, eggs, &c.
- Bouchées à la moèlle are small patties filled with marrow, and a savoury sauce of cream, shallot, chives, &c.
- Petites croustades à la moèlle are made of the same preparation put into little cases of fried bread; breadcrumbs strewed on the top, and browned.
- Vol-au-vent d'amourettes à la crème is a volau-vent of beef tendons, with Béchamel sauce and mushrooms.



à la Vivandière are dressed in the same way, but served in a brown sauce with onions. butter, port wine, &c.

en papillotes - oval pieces in white sauce with parsley and mushrooms, broiled in papers, and served with Italian sauce.

For Croquettes de palais de bœuf, the palates are cut in pieces, and rolled, with forcemeat in the centre of each. Dipped

in batter and fried.

They are also dressed in a vol-au-vent, or, if preferred, in several small ones as Petits vol-au-vents de palais de bœuf

Ox-tongue is served as:

Langue de bœuf au Parmesan-slices cooked with stock, wine and grated Parmesan.

en papillotes-slices wrapped in papers with slices of bacon, and broiled.

Turban de langue de bœuf à l'Écarlate — oval slices cut from two tongues, one pickled red, the other fresh; dressed in a crown alternately, with tomato sauce. \_\_\_ à la Macédoine is dressed in the same manner, and served with a white Macédoine garnish in the centre, and white eauce. Ox-tails are dressed as: Queue de bœuf en haricot, cut in joints, stewed, and served in the sauce with onions, carrots and turnips cut in shapes. aux navets au brun-stewed. and served with turnips cut into small balls, and brown sauce. \_\_\_ à la jardinière—served with brown sauce, stewed button onions, and carrets and turnips cut in small shapes. --- en kari-curried, and served with boiled rice. \_\_\_ à la Marseillaise—the pieces masked with

# VEAL.

Grenadins de veau are oval slices cut from the "noix," larded, braised and glazed. They are served aux petites racines with

a purée of onions, breadcrumbed and fried; served in brown sauce with garlic.

potatoes, carrots and turnips, and brown sauce; or with Poivrade, tomato or other sauce, and called after it.

- Poupieties de veau are slices cut from the fillet, spread with forcement, rolled, and stewed with stock and wine.
- Crème de veau is made with part of the fillet.

  It is pounded with eggs, cream, &c., steamed in a mould, or in several small moulds, and served with Périgueux sauce.

## Veal Cutlets are served as:

- Côtelettes de veau à la Russe fried, spread on one side with a preparation of horse-radish, and breadcrumbed with grated Parmesan mixed with the crumbs; served with thin tomato sauce.
- —— à la Maintenon coated with a sauce of mushrooms, ham, eggs, &c., and baked or grilled in papers.
- —— en papillotes—soaked in oil with mushrooms, lemon juice, &c.; wrapped in papers and cooked in the seasoned oil.
- —— à la Drayton—thickly coated with a rich brown sauce, breadcrumbed and sauté.
- —— à la sans façon breaderumbed with chopped shallots and parsley mixed with the crumbs, broiled, and dressed round mashed potato

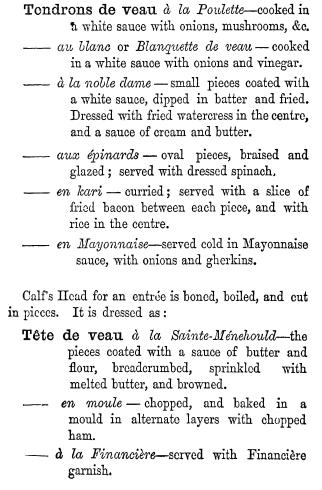
- Côtelettes de veau à la Financière—larded, braised and glazed; served with Financière sauce.
- aux champignons larded, braised and glazed; served with a purée of mushrooms. They are also served with tomato or Jardinière sauce, or with dressed eucumber or asparagus, and named after the sauce or garnish with which they are served.
- à la Saint-Garat—larded with bacon and tongue, and braised. Set in aspic ornamented with hard-boiled egg, truffles, &c., and cut out. Served cold.
- à la Princesse braised in white stock, coated with Mayonnaise sauce, and served cold with salad and aspic jelly.

For Escalopes écossaises they are cut in thin slices, breadcrumbed and fried, arranged in a circle with alternate slices of fried bacon, and Piquante sauce.

The Tendons, or gristly part of the breast, cut in pieces, are dressed as:

Tendrons, or Amourettes, de veau aux petits pois, stewed with butter, flour, stock, peas, &c.

---- frits are soaked in vinegar and water, and



- Turban de tête de veau à la Muître d'hôtel the pieces dressed in a crown, with white sauce and Maître d'hôtel butter.
- à la Hollandaise is served with Dutch sauce; à la poulette in white sauce with mushrooms, onions, and yolks of eggs.

# Calves' Brains are dressed as:

- Cervelles de veau à la Provençale—cooked in stock with wine, oil, parsley, garlie, &c., and served in the sauce.
- à la Ravigote boiled, cut in slices and arranged in a circle, with Ravigote sauce.
- —— en caisse au gratin—small slices with a white sauce, baked in paper cases, with breadcrumbs on the top.
- Croquettes de cervelles made into croquettes with breadcrumbs, milk, eggs, &c., breadcrumbed and fried.
- Marinade de cervelles fiitters made of pieces of the brains soaked in vinegar, dipped in batter, and fried.

They are also served with Matclote, black-butter or other sauce, and take their name from it.

### Calves' Ears dressed as:

Oreilles de veau aux champignons are boiled and served in a brown sauce, with yolks of eggs and mushrooms.

- Oreilles de veau farcies—stuffed with forcemeat, breadcrumbed and fried; served with gravy.
- en marinade cut in strips, steeped in vinegar, &c., dipped in batter and fried; served with tomato sauce.

# Calf's Tongue as:

- Langue de veau sauce tomates is larded, stewed, cut in two and served in tomato sauce.
- --- à la jardinière stewed in white stock, cut in oval slices, glazed, and served with a Jardinière garnish. It is also served with Mushroom, Ravigote, or Piquante sauce.

# The Liver is dressed as:

Foie de veau à l'Italianne—slices cooked with oil, wine, bacon, mushrooms, &c., and served in the sauce.

For Pain de foie de veau it is pounded and steamed in a mould with eggs, chopped ham, &c.; served with thin brown sauce.

# Calf's Kidney is served as:

- Rognon de veau sauté—minced, and sauté with butter, wine, brown sauce, &c.
- --- en caisse -- small round slices in brown sauce with chopped shallots, mushrooms,

&c., baked in small paper cases, the tops sprinkled with breadcrumbs.

Calves' Feet, after being boiled for jellies, are dressed as entrées, in tomato, poulette, or other sauce; the dish is called:

Pieds de veau aux tomates, or according to the sauce.

—— à la bourgeoise are stewed with bacon, veal, carrots, onions, &c., and served in the sauce, with the vegetables and meats.

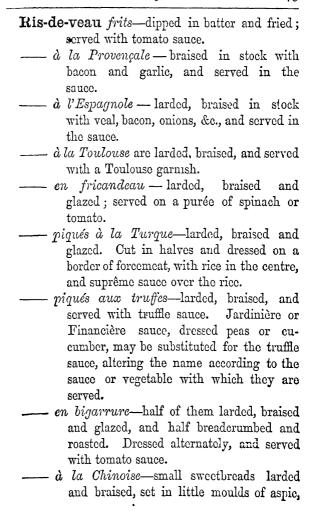
For Pieds de veau en friture or en marinade small pieces are steeped in vinegar and water, dipped in batter and fried.

Calf's Tail, cut in pieces and boiled, is served as:

Queue de veau à la Ravigote—in Ravigote sauce; or à la poulette—in white sauce with onions and mushrooms.

Sweetbreads are dressed as:

- Ris-de-veau à la Villeroi—slices coated with Allemande sauce, breadcrumbed and fried; served with a white sauce and any dressed vegetable.
- à la poulette cooked with flour, butter, mushrooms, onions, &c.
- à l'Anglaise breadcrumbed and roasted; served with gravy.



- ornamented with hard-boiled eggs, bect-root, &c. Served cold, with rice in the centre of the dish.
- Côtelettes de ris de veau are slices of sweetbread, breadcrumbed and fried; served with plain gravy or with a white sauce.
- Escalopes de ris de veau au suprême are oval slices, sauté, and served with suprême sauce.
- --- à l'Indienne are breaderumbed and fried; served with Indian sauce.
- ---- en caisse are small round slices in brown sauce with chopped mushrooms, &c., baked in paper cases, sprinkled with breadcrumbs.
- Elanquette de ris de veau aux truffes are round slices cooked with slices of truffles in white sauce, with cream and yolks of eggs. Garnished with fried croûtons of bread.
- Petites croustades de ris de veau are little cases of paste filled with sweetbread cut in dice, and white sauce with chopped truffles or mushrooms.
- Andouillettes de Troyes grillées are broiled veal sausages, made with mushrooms, trufiles, eggs, &c.
- Boudin de veau à la légumière is a mould ornamentally lined with vegetables and filled

- with veal forcemeat. Steamed, and served with thin brown sauce.
- Boulin de veau à la Richelieu is a mould lined with chopped truffles and filled with veal forcemeat. Steamed, and served with Périgueux sauce. These boudins are also steamed in several small moulds, lined in the same manner.
- Quenelles de veau à lu purée de champignons are poached quenelles of veal forcement served with a purée of mushrooms. They are also served with brown or white sauce or with any dressed vegetable.
- Petits pâtés à la bourgeoise are small patties filled with veal forcement.

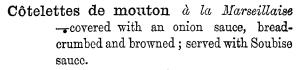
# MUTTON.

- Côtelettes de mouton sauce tomates are grilled, and served with tomate sauce.
- à la jardinière are served with stewed vegetables.
- à la Soubise are stewed with stock, &c.

  Served with the sauce round, and thick

  Soubise sauce in the centre.
- à la Provençale are covered with a sauce of onions, garlie, butter, eggs, &c., bread-crumbed, with grated Parmesan mixed with the crumbs, and browned. Served with fried potatoes.

- Côtelettes de mouton à la Vicomtesse are coated with a sauce of ham, mushrooms, yolks of eggs, stock, &c.; breadcrumbed and fried; served with paper frills round the bones.
- à la Bohémienne—soaked in marinade, breaderumbed and broiled; served with a sauce of some of the marinade with tomato and brown sauce, currant jelly, &c.
- en robe de chambre—covered with forcemeat of veal, breadcrumbed and browned. Served with gravy.
- à la financière—braised, and served with Financière garnish.
- braisées aux navets—larded, braised, and dipped in aspic with Poivrade sauce; served cold with dressed turnips and broken aspic.
- à la Marquise—a slice of ham laid on each cutlet, and veal forcemeat spread on it in a mound. Sprinkled with bread crumbs and browned. Served in white sauce with chopped ham.
- --- à la Réforme—breadcrumbed, with chopped ham mixed with the crumbs, fried, and served with Réforme sauce. They may Lave a Réforme garnish in the centre.



- à la Durcelle—put into long paper cases, three in each, and baked in brown sauce with Harvey sauce, chopped onions, mushrooms, &c.
- panées grillées—breadcrumbed and broiled, and served with plain gravy.
- ---- aux pointes d'asperges—served with a garnish in the centre of asparagus in white sauce with yolks of eggs, cream, &c.
- --- aux truffes—served in brown sauce, with truffles cut in slices.
- border with carrots and turnips cut in long shapes, and brown sauce. They are also served with any kind of dressed vegetable or purée of vegetable, or with Hollandaise, Italienne, Lyonnaise, Maître d'hôtel or other sauce. They are named after the sauce or vegetable with which they are served.

For Chaudfroid de côtelettes à l'aspic they are spread with forcemeat in a mound; coated with brown sauce, and served cold on a border of the forcemeat, garnished with aspic.

Turban de côtelettes de mouton à la Fermière

—they are dipped in Maître d'hôtel sauce with cream, and served cold, dressed in a crown with a salad of beetroot, cucumber and lettuce in the centre. À la Palestine they are served with Jerusalem artichokes cut into little balls, and white sauce.

Côtclettes à la Prince de Galles are pieces of stewed breast of mutton, breaderumbed and fried; served with a purée of turnips, and gravy.

Ragoût de mouton à l'Irlandaise is Irish stew.

Haricot de mouton is haricot mutton. It is now often called Navarin de mouton.

Filets de mouton au chevreuil—the fillet or under part of the loin, cut in four parts, larded, and soaked in vinegar with vegetables, &c. Braised and served with Chevreuil sauce and French beans. Dressed in this manner it is also served à la Macédoine, with a Macédoine garnish in the centre, and brown sauce.

--- à la minute is cooked in stock with bacon, and served in the sauce.

The chump end of the loin, cut in thin slices, is dressed as *Escalopes de mouton aux fines herbes*, cooked with butter, flour, stock, chopped mushrooms, &c. Served with a garnish of fried croûtons, or sippits, of bread.

- Carbonade de mouton (see Removes) is dressed as an entrée, cut in slices and served with Piquante, Poivrade or other sauce. The slices are also dipped in Maître d'hôtel sauce with cream, and served cold with a salad in the centre, as Carbonade de mouton à lu Fermière.
  - Filets de mouton à l'Indienne are thick slices of roast mutton in a sauce of broth with chopped onion and curry paste; served with rice.
  - Petits pâtés de mouton à la Windsor are small covered patties filled with minced mutton, brown sauce, chopped mushrooms, &c.

# Kidneys dressed as:

- Rognons de mouton à l'épicurienne are cut open, breaderumbed and broiled. The hollows filled with Tartare sauce; and devil sauce round.
  - à la brochette are dressed in the same way, the hollow of the kidneys filled with a lump of maître d'hôtel butter.
  - à la Vénitienne—cut in halves, fried in butter with chopped shallots, and dressed on a border. Brown sauce with anchovy butter, &c.
  - au vin de Champagne—thin slices served in a sauce of white stock, champagne

or other white wine, flour and mushrooms, &c.

- Rognons de mouton en ragoût—thin slices cooked in butter, with wine, flour, chopped mushrooms, shallot, &c.
- Petits pâtés aux rognons—slices in white sauce put into little patties.

Sheep's Tongues are served as:

- Langues de mouton braisées—larded, braised and served in the sauce with capers.
- Cervelles de mouton en caisse are Sheep's Brains cut in small pieces, with Béchamel sauce, baked in little soufflé cases, the tops sprinkled with breadcrumbs.
- Queues de mouton au riz are braised Sheep's Tails, coated with rice, breadcrumbed and fried. They are also served au Parmesan, omitting the rice and mixing grated Parmesan with the breadcrumbs.

Sheep's Trotters, though rarely seen at a gentleman's table in England, are much more often served in France. Boiled and cut in pieces, they are dressed as:

Pieds de mouton en marinade, soaked in marinade, dipped in batter and fried, and served with tomato sauce; or à la Robert, served in Robert sauce.

Pieds de mouton à la poulette are served with poulette sauce in a baked shape of rice.

### LAMB.

Lamb Cutlets are dressed in most of the ways which have been suggested for mutton cutlets. There are also:

- Côtelettes d'agneau à la Princesse—coated with Allemande sauce, breadcrumbed and fried. Served with white sauce, and dressed asparagus in the centre. For the cold entrée of this name the cutlets are sauté and served in Mayonnaise sauce.
- à la Duchesse—coated with Duxelles sauce, breadcrumbed and fried. Dressed on a high vegetable border, with vegetables in the centre, and white sauce.
- à la boulangère—dipped in oil and then in flour; broiled, and served with a sauce of cream, butter, &c.
- —— à la Robert—breadcrumbed, broiled and glazed; served with Robert sauce.
- --- aux petits légumes—breaderumbed and fried; served with carrots and turnips, cut in long shapes, in the centre, and brown sauce.

- Côtelettes d'agneau au Parmesan—dipped in a white sauce with grated Parmesan, breaderumbed and fried.
- --- à la Pompadour --- coated with a mixture of chopped bacon, veal, truffes, &c., and served in papers.
- —— farcies aux truffes—larded, coated with a purée of truffics; breaderumbed and fried. Served with brown sauce.

They are also dressed in the same manner, using a purée of artichokes, asparagus, mushrooms, or turnips, instead of truffles; altering the name accordingly.

- en belle vue—larded with tongue, ham or truffles, and braised. Set in aspic and cut out. Served cold with Mayonnaise sauce, or a Jardinière garnish.
- —— à l'aspic—cutlets from a larded and roasted neck of lamb; coated with Provençale sauce, and served cold with aspic.
- Epigramme d'agneau à l'ancienne is made of cutlets cut from a boned breast of lamb, an end of bone stuck in each, breadcrumbed and fried; arranged alternately with sauté neck cutlets. Served with small round slices of lamb in the centre, with mushrooms, and white sauce with cream, &c.

It is also served aux concombres with a garnish in the centre of dressed cucumber, or with any other vegetable, naming it accordingly.

Tendrons d'agneau aux pointes d'asperges — a braised breast of lamb cut up and arranged in a crown alternately with fried slices of bread, with dressed asparagus in the centre.

Blanquette d'agneau — small round slices of lamb and of ham or tongue, with white sauce, parsley, &c. It is served in a baked shape of rice; or in a croustade, or fried shape, of bread. Lamb is also dressed in Croquettes or Rissoles.

Lambs' feet are dressed en marinade and à la poulette, in the same manner as sheep's feet. As

Casserole de riz aux pieds d'agneau they are served in a casserole, or baked shape, of rice. Lambs' tails are dressed in the same way.

Pieds d'agneau farcis are stuffed; scrved in Hollandaise sauce with chapped gherkins.

Queues d'agneau à la crèmière are Lambs' tails served in white sauce with whipped cream, &c.

Lambs' Brains as Cervelles d'agneau à l'innocent are cut in thin slices and put in paper cases with white sauce, chopped parsley, &c. Sprinkled with breadcrumbs and browned. Lambs' Ears are stewed and served as:

- Oreilles d'agneau farcies, filled with a stuffing of veal forcemeat, &c., breadcrumbed and fried; served on a border, with Italian sauce.
- à la Ravigote are served on a forcement border, with Ravigote sauce.
- à la Marquise—served on a border with a pecled plover's egg in each ear. White sauce with cream, cock's combs, mushrooms, &c., in the centre.
- Langues d'agneau à la Persane are stewed lambs' tongues, cut in halves and dressed in a circle, covered with a white sauce with wine, mushrooms, &c.; sprinkled with breadcrumbs and baked. Served with white sauce.

Lambs' Sweetbreads are dressed as:

Ris d'agneau à la jardinière, larded, braised and glazed. Served on a border with Jardinière sauce in the centre.

Dressed in this way they are served aux petits pois, aux concombres, aux pointes d'asperges, &c., with dressed peas, cucumber, asparagus or other vegetable in the centre, instead of Jardinière sauce.

Casserole de riz aux ris d'agneau — sweetbreads and cock's combs with Allemande sauce, in a baked shape of rice. They may also be dressed in many of the ways suggested for ris de veau.

#### PORK.

Pork Cutlets are sauté, broiled, or breadcrumbed and fried. They are served with Robert, Tomato, Ravigote, Piquante, Indienne, or Rémculade sauce, and called Côtelettes de porc frais sauce tomates, or à la Robert, according to the sauce with which they are served.

Dressed d la Bolognaise, they are breadcrumbed with grated Parmesan mixed with the crumbs, and fried. Served with brown sauce, and a garnish in the centre of short pieces of macaroni, mushrooms and tongue, with tomato sauce and grated cheese.

Small fillets from the under part of the loin, breadcrumbed and broiled, are called *Filets de porc à la Maréchale*.

Filets de porc à la Hanovérienne are larded, braised and glazed; dressed in a crown with white pickled cabbage in the centre, and brown sauce.

Dressed in this way they are served aux epinards or aux pommes, with spinach or apple sauce in the centre instead of the cabbage.

Escalopes de porc à la Lyonnaise are fillets cut in oval slices, breadcrumbed and fried.

Dressed in a border, covered with Soubise sauce, sprinkled with breaderumbs and browned.

Escalopes de porc à la Robert are breaderumbed and fried, and served with Robert sauce.

- à l'Indienne-with Indian sauce.

Pig's Ears dressed as:

- Oreilles de porc à la Ste. Ménchould are breaderumted and baked, and served with Rémoulade sauce.
- -- braisées are braised and served in the stock, on dressed spinach.
  - —— à la Lyonnaise—eut in strips and cooked in stock with slices of onion, &c.

Pigs' Feet are dressed en marinade in the same way as sheep's feet; and as:

Pieds de porc à la Ste. Ménehould—pickled, breaderumbed and fixed.

# POULTRY.

A very large number of dishes can be made with chickens, and they are, perhaps, more useful than anything else in the preparation of entrées.

Cut in joints they are dressed in the following ways:—

Poulets à la tartare—breaderumbed and broiled; served with tartare sauce and pickles.

Poulets à la bonne femme—stewed and served in white sauce.
—— an chasseur—soaked in oil with onion, &c., breaderumbed and broiled; served in "Vin de Madère" sauce with chepped ham.
à la Chabert—cooked in oil with tomatoes, chopped parsley, garlie, &c.
— à la Marengo—cooked in oil, and served in Italian sauce with the oil in which it was cooked.
- en kari is curried, and served with rice.
— à la Orly—the joints are floured and fried, and served in tomato sauce with slices of onion, which are also floured and fried.
— à lu Provençale—covered with a white sauce with slices of onion, garlic, &c. sprinkled with breadcrumbs and browned.
cn marinade—soaked in vinegar with herbs, &c., and fried in batter.

— sauté—the joints are sauté, and served in a sauce of stock, wine, chopped mushrooms,

- sauté aux truffes-sauté, and served in

Fricassée de poulet -- cooked in a white sauce

with mushrooms, cock's combs, pieces of

à l'ancienne—cooked with flour, butter,

brown sauce with truffles.

milk, young onions, &c.

sweetbread, &c.

&c.

For Fritot de poulet, the joints are soaked in oil with onions, &c, dipped in flour and fried. Served with tomato sauce.

Fillets of fowl, or fat pullet, are dressed as:

- Filets de volaille, or poulardes, au suprême, on a border, covered with Suprême sauce.
- --- aux champignons covered with white sauce with cream and mushrooms. If slices of truffles are substituted for the mushrooms, the dish is called aux truffes instead of aux champignons.
- and glazed, and half sauté; dressed alternately in a crown, with cock's combs in the centre, and white sauce with cream, &c.
- à la Talma—the larger fillets larded, braised and glazed, the small under fillets stuck with pieces of French beans and sauté. Arranged in a circle, with dressed spinach in the centre, and brown sauce.
- --- à l'Ambassadrice—cut in slices, and coated with forcement of fowl with chopped truffles. Breadcrumbed, half of them with chopped truffles, and half with chopped ham mixed with the crumbs;

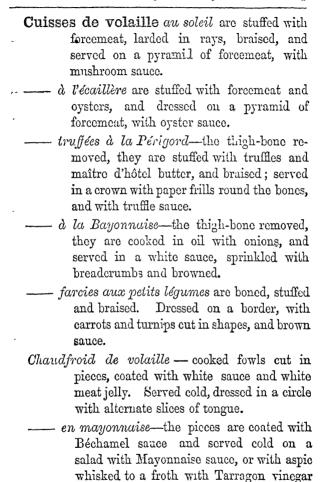
sauté, and arranged alternately. A purée of cucumbers with cream in the centre.

- Filets de volaille à la Dumas—each one divided in two, masked with a purée of cucumbers with white sauce, &c, breadcrumbed and fried; served on a purée of cucumbers with cream.
- à la Nesselrode—masked with a white sauce with cream, &c., and served cold, dressed alternately with glazed slices of tongue on a border of hard-boiled eggs; a salad in the centre with Mayonnaise sauce.
- aux concombres are arranged in a circle alternately with stewed pieces of cucumber; served with a purée of cucumber.
- aux pointes d'asperges are coated with Suprême sauce, and dressed alternately with pieces of tongue of the same size; asparagus points in the centre.
- Suprême de volaille is the same dish scrved with Suprême sauce, and with truffles instead of asparagus in the centre. It may be served cold as Chaudfroid de filets de volaille au suprême.

For Suprême de volaille à la Royale the fillets are dressed on an ornamental border of vegetables, with a macédoine garnish in the centre, and a small piece of truffle or tongue on each fillet.

- Sauté de filets de volaille à la Cardinal is composed of sauté fillets arranged in a circle with alternate slices of truffle; Cardinal sauce in the centre.
- Poulet à la Princesse is a cold entrée prepared with fillets of chickens cut in oval slices, coated with a sauce of aspic and cream, set in aspic and cut out; served on an aspic border, with salad.
- Salade de filets de volaille à la Brunow—small round slices of fowl and slices of cucumber stewed with white sauce, aspic and peas. Cut in square pieces, and dressed on a salad border, with white tartare sauce.
- Blanc de voluille aux concombres slices from the breast of a roast fowl, with pieces of cucumber, white sauce, cream, &c.
- Côtelettes de volaille à la Dauphine are made with the legs of fowls from which the thigh-bone has been removed. They are dipped in Allemande sauce, breadcrumbed and fried. Served with a dressed vegetable in the centre and white sauce.

Legs of fowl are also boned, stuffed with forcement, and served as Cuisses de volaille, or poulardes, à la jardinière, with a Jardinière garnish; aux concombres or aux petits pois, with dressed cucumber or peas.



and oil.

- Mayonnaise de volaille—pieces of fowl served on a salad, covered with Mayonnaise sauce and garnished with olives, anchovies, &c.
- Chaudfroid de fricassée is a fowl cut up and coated with a white sauce. Served cold, garnished with aspic.
- Capolitade de volaille pieces of fowls served in Italian sauce with capers, or in brown sauce with wine; garnished with croûtons of fried bread.
- Chartreuse de volaille is an ornamental mould of mixed vegetables, with pieces of chicken in the centre.
- Crème de volaille—a purée of fowl with cream, steamed in a mould garnished with truffles, tongue, &c.
- Petits soufflés de volaille are made of a purée of fowl and beaten eggs; baked in little soufflé cases.
- Soufflé glacé de volaille—minced chicken soaked in oil, vinegar, &c.; put into a soufflé dish in alternate layers with aspic whipped to a froth, and iced.
- Moule d'aspic à la Royale is prepared with small round slices of fowl, slices of truffle, mushrooms and cock's combs, with Béchamel sauce and aspic. Cut into oval pieces and dressed in a mould of aspic, ornamented with hard-boiled white of egg and truffles.

Small puff paste patties filled with minced chicken and white sauce, with tongue, mushrooms or truffics, are served as *Petites bouchées*, or *Petits pâtés*, à la Reine.

Bordure de riz à la Reine is a round wall of rice filled with minced, or purée of, fowl. It is sometimes garnished with plovers' eggs round the edge.

> Minced chicken, with ham or tongue, can be made into *croquettes*, breadcrumbed and fried, or into *rissoles*, folded in thin paste and fried. The latter are sometimes coated with broken vermicelli.

- Croquettes de volaille aux truffes are made with chopped truffles instead of ham or tongue, and are served with truffle sauce. Dressed with tongue and served in a white sauce with chopped tongue they are called Croquettes de voluille à l'écarlate.
- Quenelles de volaille are quenelles of chicken forcement. They are poached and served with a dressed vegetable, or dipped in white sauce, breaderumbed and fried.
- -- au Supréme are poached, and dressed in a circle with Suprême sauce, and a vegetable in the centre.
- en demi devil are poached, and half of them rolled in chopped truffles. Dressed

- in a crown, with white sauce and chopped truffles.
- Quenelles de volaille à l'écarlate are dressed in a crown alternately with glazed slices of tongue of the same size, and served with Suprême sauce. If a Russian tongue is used they are called à la Russe instead of à l'écarlate.
- Boudins de volaille à la Lucullus cre quenelles of chicken forcement with a piece of purée of truffles in the centre of each; served in a croustade, or shape of fried bread, with Allemande sauce.
- à la Richelieu are oblong pieces of quenelle forcement, dressed in a crown with Périgueux sauce.
- Cigarettes à la Reine are made of chicken forcemeat with white sauce and chopped truffles. Pieces the shape of cigars, breadcrumbed and fried.
- Rissolettes de volaille à la Pompadour are diamond-shaped sandwiches of the preparation for chicken croquettes with truffles, between layers of chicken forcemeat. Dipped in batter and fried.
- Ravioles à la Napolitaine are little pieces of chicken or game forcemeat wrapped in paste. Arranged in a circle with alternate

- slices of Parmesan cheese; baked, and served with brown sauce.
- Timbule de Nouilles is a mould lined with paste, filled with German paste, minced chicken, grated cheese, &c.
- à la Champenoise is filled with minced chicken, anchovies, gherkins, truffles, &c., with white sauce and wine.
- Foie gras à l'aspic is a mould of aspic with pieces of foie gras in it.

Foie gras can also be dressed with truffles in little pattics, as *Petits pâtés à la Montglas*; or larded with pieces of truffle, braised, and served with truffle sauce as *Foie gras à la Périgueux*.

# DUCKS.

The fillets of roast ducks are served as:

- Filets de canetons aux petits pois—in a circle, with stewed peas in the centre; à la Macédoine, with a vegetable Macédoine in the centre; or à la Bigarade, with Bigarade sauce.
- --- farcis a boned duck covered with forcemeat of fowl, cut in pieces the shape of fillets, and dressed in a crown with a vegetable garnish in the centre.

Caneton à la Diable is a roast duck cut up and devilled—served in a sauce of wine, catsup, mustard, cayenne, &c.

The legs of roast ducks, in a sauce of stock and wine with shallots, &c., are served as Salmis de cuisses de canetons.

# GOOSE.

The legs of a roast goose are cut in pieces, fried with slices of onion, and served with Piquante sauce as Quartiers, or cuisses, d'oie à la Lyonnaise.

### TURKEY.

The pinions of a turkey as:

- Ailerons de dindon, or dinde, à la purée de céleris are boned, and served in a circle with a purée of celery in the centre.
- ---- à la Ste. Ménehould are boiled in stock with wine, &c., coated with the sauce, bread-crumbed and broiled.
- Escalopes de dinde en blanquette, or Blanquette de dinde, are slices cut from the breast of a roast turkey, served in white sauce with cream, &c. With the addition of slices of ham it is called au jambon.

Slices of the breast are also served as:

- Émincé de dinde à l'Italienne, with slices of gherkins and Italian sauce.
- Abatis de dinde à la Chipolata are the giblets stewed and served with Chipolata garnish.

#### PICEONS.

Fillets of pigeons are served as:

- Filets de pigeons à la Duxelle—coated with Duxelle sauce, breaderumbed and fried. Served with Provençale sauce and mushrooms.
- Côtelettes de pigeons au fumet de gibier
  —breadcrumbed and fried, and a small
  piece of bone stuck in each to imitate
  cutlet bones. Dressed in a crown with
  fumet of game sauce.
- à la Parisienne—stuffed with forcemeat, breaderumbed and fried. Dressed in a crown with alternate fried croûtons of bread, and a brown purée of cucumbers in the centre. This dish may be served à l'Italienne with Italian sauce, or with any vegetable garnish, instead of the purée of cucumbers.

Pigeons are also cut in halves and boned, with the exception of the leg bones. They are stuffed, breadcrumbed and broiled, and served as Côtelettes de pigeons à la Financière, in a circle, with a Financière garnish in the centre.

# GAME.

### VENISON.

Hachis de venaison is hashed venison.

Venison Cutlets, sauté and dressed in a crown, are served as:

- Côtelettes de venaison aux olives, with a sauce of port wine, brown sauce, olives, &c.
- aux champignons—with brown sauce and mushrooms.
- --- au jus de groseilles-with Poivrade sauce and red currant jelly.
- Rouelles de cerf à la St. Hubert are slices of fillet of venison, larded and cooked in brown sauce with wine, slices of gherkins, &c.

Civet de chevreuil is jugged roebuck.

- Côtelettes de chevreuil sautées are cutlets of roebuck cooked in butter with wine, stock, mushrooms, &c., and served in the sauce.
- sautées sauce Poivrade are sauté, and served in Poivrade sauce with pickled mushrooms.

Côtelettes de chevreuil à la Bohémienne are soaked in marinade, breadcrumbed and broiled. Served in brown sauce with some of the marinade, currant jelly, &c.

Slices from any joint are served in Piquante sauce with current jelly, &c., as Émincé de chevreuil.

#### HARM.

Civet de lièvre is jugged hare.

- Lièvre, or lévraut, sauté—a hare cut in pieces, sauté, and served in a sauce of broth and wine with mushrooms, &c.
- Filets de lièvre, or lévraut, are fillets of hare fried and dressed in a circle with a brown sauce. They are also piqués—larded and braised, and served with Poivrade sauce. Served with tomato sauce they are called piqués sauce tomates.
- piqués à la Bourguignotte—cut in halves, larded and braised. Dressed in a crown with a brown sauce, bacon cut in dice, young onions, &c.
- Côtelettes de lièvre à la Dauphine are slices cut from the fillets with a small piece of bone stuck in each, breaderumbed and fried. Arranged in a crown with Piquante sauce and chopped olives.

- Turban de lièvre à la Péronne—fillets dressed in the same way, and arranged in a circle alternately with quenelles of forcemeat of hare. White sauce with vinegar, pickled onions, &c.
- Loudins de lièvre—rolls of forcement of hare, breadcrumbed and browned.

### RABBITS.

Cut in joints, Rabbits are served as:

- Lapereau, or Lapin, sauté aux fines herbes—sauté, and served in fine-herbs sauce.

   sauté aux truffes—with brown sauce and slices of truffles; or aux olives, substituting olives for the truffles.
  - —— à la Vénitienne—larded, braised in oil and wine with veal and garlic, and served with the sauce.
  - en kari-curried and served with rice.
  - --- en gibelotte -- stewed with onions, bacon, wine, &c.; served in the sauce with mushrooms.
- ---- en papillote—boned, coated with a stuffing of bacon, mushrooms, &c., and broiled in papers.

The backbone with the fillets, cut in sections, larded and braised, is served as *Grenadins de lapin* or *lupercau*, with brown sauce and spinach.

- Côtelettes de lapereau à la Soubise are made with the legs cut in two, boned—but a small piece of bone stuck in each piece. Spread with forcemeat and served with Soubise sauce.
- Filets de lapereaux aux concombres are fillets of roast rabbits in a white sauce with slices of cucumber.
- dessed in a crown with white sauce, cream and mushrooms. Dressed in this way with alternate pieces of ham, they are called à l'écarlate.

They are also served à la Musulmane—larded and braised. Dressed in a crown with curry sauce, and rice in the centre.

- Turban de lapereau à la Douarière is composed of fillets cut in two, half of them larded and braised, and half sauté. Arranged alternately, with quenelles of forcemeat of rabbit in the centre, and brown sauce with wine, &c
- Lapereau en salude fillets of roast rabbits soaked in oil and vinegar; served cold on a salad, garnished with hard-boiled egg, beet-root, &c.
- Escalopes de lapereau au fumet—fillets cut in oval slices, and arranged alternately with slices of truffle; covered with a white sauce made of rabbit, and baked. Aux pointes

- d'asperges the slices are served in a white sauce with asparagus.
- For Fricassée de lapereau the rabbit is cut up and cooked in a white sauce with wine, mushrooms, &c.
- Boudins de lapin are made of a poached roll of rabbit forcemeat. Served with mushrooms or truffles, in brown sauce. It is also cut in pieces and dressed on a border.
- à la Richelieu a roll of forcemeat of fowl, truffles, &c., thickly covered with forcemeat of rabbit, breadcrumbed and broiled. Served with Périgueux sauce.
- Purée de lapereau bordure de riz is a purée of rabbits in a border of rice.
- Timbales de semoule au chasseur are small moulds of semolina, breadcrumbed and fried, filled with forcemeat of rabbit and purée of mushrooms.

Many of the ways in which chickens are dressed are also suitable for rabbits.

# PHEASANT.

A roast pheasant, cut up, is served with Salmis sauce and mushrooms or truffles, as Sulmis de faisan.

- Faisan au velouté de gibier is served in a white game sauce; à la purée de gibier in a purée of game.
- ---- à la bonne femme is cooked with square pieces of ham, slices of Portugal onions, &c.

Fillets of pheasants are served as:

- Filets de faisans piqués aux légumes—larded and braised. Dressed in a crown alternately with stewed pieces of cucumber of the same size. Jardinière garnish in the centre.
- à la Comte de Brabant—larded and braised.

  Arranged alternately with slices of bacon round a pyramid of Brussels sprouts.

  Fumet of game sauce.
- à la marquise—half of them larded and braised, and half breadcrumbed and fried.

  Arranged alternately, with white game sauce, and white cock's combs in the centre.
- à la Maintenon—cut in halves and coated with a white sauce with chopped mushrooms, &c.; broiled in papers, and served with gravy.
- Chaudfroid de filets de faisans is a cold entrée of fillets of roast pheasants cut in halves, coated with a game sauce, and garnished with hard-boiled eggs.

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Galantine de faisan aux truffes is a pheasant boned, and stuffed with game forcemeat, rabbit, truffles, &c. Braised, and served cold with a garnish of aspic.

Boudins de faisan à la Richelieu are ovalshaped pieces of forcement of pheasant, breadcrumbed and fried. Served with Richelieu sance.

Quenelles of forcement of pheasant, dressed in a crown with game sauce and mushrooms or truffles, are called *Turban* de quenelles de faisan.

# PARTRIDGE.

Roast partridges, cut up, are served as Salmis de chasseur in a sauce of oil, wine, lemon, &c.

As Salmis chaudfroid de perdreaux, the joints are masked with Salmis sauce and aspic jelly. Served cold with a garnish of aspic.

Fillets of roast birds, as Filets de perdreaux aux petits legumes, are dressed in a crown, with young onions, carrots and turnips cut in shapes, and game sauce.

Côtelettes de perdreaux à la Bacchante are fillets with a piece of bone stuck in each, breadcrumbed and fried. Served in a white game sauce with raisins, juice of grapes, &c. They are also served à la Douarière, with quenclles of forcemeat of partridge in the centre, and game sauce.

Épigramme de perdreaux aux champignons is composed of fillets, half of them sauté, and half larded and braised. Arranged in a crown, and served with game sauce and mushrooms.

For Épigramme de perdreaux à la Périgord the fillets are dressed alternately with quenelles of forcement of partridge. Served with chopped truffes in a game sauce.

Escalopes (thin round or oval slices) cut from the fillets, are served as Perdreaux en escalopes, or Sauté de perdreaux, in a white game sauce with mushrooms, &c. If truffles are substituted for the mushrooms, the dish may be called Sauté de perdreaux aux truffes.

- Chartreuse de perdreaux is an ornamental mould of vegetables filled with larded and braised partridges, pieces of sausage, dice of bacon, &c.
- Pain de perdreaux is a purée of partridge steamed in a mould; served with brown game sauce.
- Perdreaux en soufflé or Omelette soufflée de perdreaux, is made of a purée of roast par-

tridges with eggs, &c., and is baked in a soufflé dish or in small paper cases.

# GROUSE.

Roast grouse, cut up, are dressed as:

- Grouse à la Ailsa covered with fumet of game sauce with yolks of eggs, &c., sprinkled with breaderumbs and browned.
- --- à la Commodore—the joints coated with forcement of grouse, and dressed in a pyramid with a rich game sauce.

For Salmis de grouse aux truffes they are served in fumet of game sauce with slices of truffles; garnished with croûtons.

Salade aux grouses—the joints masked with salmis sauce and aspic. Dressed on a salad with Mayonnaise sauce, garnished with hard-boiled eggs, &c.

The fillets are served as Filets de grouse à la chancelière, dressed in a crown, with small quenclles of veal in the centre, and game sauce.

Black-game and Ptarmigan are dressed like grouse.

# WILD DUCK.

Roast wild ducks, cut up, are served as:

Canards, or Canetons, sauvages en salmis with a salmis sauce.

Canards sauvages à la bigarade—with bigarade sauce.

The fillets as-

- Filets de canetons sauvages au fumet de gibier are served in a crown with fumet of game sauce.
- ----- à l'essence--served with a brown game sauce, port wine, shallots, &c.
- --- à la Syrienne dressed alternately with slices of fried bread spread in a dome shape with the livers with butter, &c. Served with brown game sauce and olives.

# TEAL.

Teal are dressed in the same way as wild ducks; also as:

- Sarcelles à la purée de champignons—cut in joints and arranged in a circle with a purée of mushrooms in the centre; served with a macédoine garnish they are called à la macédoine de légumes.
- Filets de sarcelles aux anchois are fillets of teal with stock and grated Parmesan, a fillet of anchovy laid on each, sprinkled with breadcrumbs and Parmesan, and browned.
- Turban de filets de sarcelles à la Toulouse fillets dressed in a crown, with fumet of game sauce, pickled mushrooms, &c.

Turban de filets de sarcelles à la moderne—the fillets are spread with forcement of game, and served with a fumet of game sauce.

# WOODCOCKS.

- Salmis de bécasses—the birds cut up and served in salmis, or fumet of game, sauce.
- au chasseur—served in a game sauce, with wine, mushrooms, &c. The insides are spread on croûtons, and arranged round the dish.
- Turban de bécasses aux champignons—the birds cut in halves and dressed in a crown, with game sauce and mushrooms.
- Chaudfroid de bécasses—the joints masked with brown game sauce, and brown meat jelly; served cold.
- Filets de bécasses à la Lucullus—fillets coated with forcement and served on a border of toasted bread, with a thick purée of woodcocks piled in the centre, and game sauce round.
- à la Talleyrand are dressed in a crown, with the insides spread on croûtons of fried bread of the same size as the fillets. Fumet of game sauce with truffles.
- --- en canapé are laid on slices of crust of bread. A stuffing of the trail with

bacon, &c., piled on the top. Served with a game sauce.

Croustade de bécasses à la Comtesse is a low oval croustade, or shape of fried bread, filled with a purée of woodcocks; the fillets dressed on the top alternately with cock's combs.

#### SNIPES.

Snipes are dressed in the same way as woodcocks, but are cut in halves where woodcocks are filleted. They are also served as:

Bécassines à la bonne bouche, filled with a forcemeat of foie gras and bacon; dressed on a forcemeat border, covered with forcemeat and baked. Served with truffle sauce.

# QUAILS.

- Cailles aux laitues are braised, and served with stewed lettuces.
- --- aux petits pois are served with peas cooked in white stock.
- ---- aux truffes are stuffed with the livers, truffle, &c., and are served with Périgueux sauce.
- Turban de cailles à la Financière—roast quails cut in halves and dressed on a border, with

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Financière garnish in the centre. It is also served aux concombres, with stewed pieces of cucumber, and a purée of cucumbers in the centre.

For a compote de cailles they are cooked in wine and stock with slices of sweetbread, ham, truffles, &c.; garnished with croûtons. They are also dressed in a vol-auvent with Toulouse garnish, as Vol-auvent de cailles.

#### PLOVERS.

Plovers can be dressed in any of the ways that are suggested for woodcocks. The fillets of roast birds are served as:

Filets de pluviers aux champignons—in a circle alternately with croûtons spread with the trail; game sauce with mushrooms.

# LARKS.

A salmis of larks is called *Mauviettes en salmis*.

Mauviettes grillées are broiled; served on slices of fried bread.

- --- à la chipolata are cooked with Chipolata garnish.
- —— en caisse are boned, stuffed with forcemeat and baked in paper cases.

For a Turban de mauviettes à la Parisienne the larks are boned, stuffed with game forcemeat and truffles, and braised; dressed in a crown, with small quenelles of veal in the centre, and a game sauce. Dressed alternately with large quenelles of game forcemeat, they are called aux quenelles.

Mauviettes en côtelettes are boned, spread with forcement and served with brown sauce.

They are also dressed as:

- Croustade de mauviettes boned, stuffed, and baked in a croustade of fried bread with Périgueux sauce and mushrooms.
- Vol-au-vent de mauviettes boned, stuffed, and served in vol-au-vent case with white game sauce and mushrooms.

### ORTOLANS.

- Ortolans à la Périgourdine are served in truffles, of which the centres have been cut out.
- --- en caisse are baked in small paper cases with Périqueux sauce.

- Crème de gibier is a purée of game, steamed in a mould, or in several small moulds.
- Petites bouchées de gibier are little patties of game.
- à la purée de gibier are little patties filled with purée of game.
- Petits pâtés au jus are little patties lined with forcement, and filled with gravy.
- Kromeskis à la Russe are made with pieces of any kind of forcement or croquette preparation, wrapped in slices of bacon, dipped in batter and fried.
- Cassolettes de riz are patties of rice paste, breadcrumbed and fried; filled with forcement or croquette preparation.
- Timbales à la Pahlen are small moulds lined with macaroni, filled with a white forcemeat—veal or fowl—and a black forcement of truffles, &c., in the centre.
- Timbale à la Milanaise is Milanaise garnish in a shell of paste.

# CHAPTER IV.

### REMOVES OR RELEVES.

#### BEEF.

A ROAST sirloin of beef is called Aloyau à la broche.

For Aloyau de bouf à la Provençale the sirloin is larded and spread with a stuffing of marrow, anchovies, garlic, &c.; roasted, and served with Piquante sauce.

The upper part of the sirloin, boned and rolled, is served as:

Aloyau bro	aisé à la	<i>royale</i> —la	rded and	braised.
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- à la Printanière—braised and served with young vegetables.
- à la Portugaise—larded and braised; served with stewed Portugal onions and brown sauce.
- à la Godard—braised, and served with slices of sweetbread, mushrooms, &c.

- The fillet, or undercut of the sirloin, is usually cut out and dressed as a separate dish.

It is roasted and served as Filet de bœuf rôti, and may have a vegetable garnish—Macédoine, Jardinière, or Printanière—and be named accordingly. Au jus d'orange it has orange sauce.

Filet de bœuf au macaroni is garnished with macaroni.

- à la Napolitaine—larded, soaked in oil with vegetables, &c., roasted, and served with Neapolitan sauce.
- ---- au jus de groseilles—larded, soaked in marinade and roasted; served with a brown sauce, currant jelly, &c.
- —— piqué aux légumes printaniers—larded, roasted and glazed; served with young vegetables and brown sauce.
- à la Milanaise—larded, roasted, and served in white sauce with macaroni, &c.
  - à la Bohémienne larded, soaked in marinade, and roasted or braised. Served with fried slices of potatoes and Poivrade sauce with pickled onions, pickled mushrooms, and olives; or cold, with tomato sauce, currant jelly, &c.

Braised, it is served as Filet de vœuf braisé; à a sauce Madère it has Madeira sauce.

A Round of beef is served as:

Rouelle de bœuf—bouillie, boiled; au four, spiced, and baked in water with suct.

The Brisket as:

Pièce de bœuf garnie à la Flamande is braised and garnished "à la Flamande."

Noix de bœuf braisée is a braised chump of beef.

Ribs of beef rolled and braised are served as:

- Côtes de bœuf braisées à la purée de tomates, with a purée of tomatoes in the sauce; or à la Milanaise, with macaroni instead of the tomato purée.
- aux racines are larded and served with carrots; à la Portugaise, with Portugal onions.
- Pièce de bœuf à la St. Florentin is a rolled loin served with Robert sauce.

Beef or Rump Steak as:

Bifteck à la Française is broiled, and served with fried potatoes.

—— en ragoût is stewed.

It is also boiled in stock, and served with a Flamande garnish as Pièce de bœuf bouillie à la Flamande. Garnished with sausages, bacon and cabbages, it is garni de choux. As Bœuf bouilli à la Macédoine de légumes it is served with a Macédoine garnish.

Rosbif à l'Anglaise is roast beef, served with horseradish and Yorkshire pudding.

Bauf braisé aux haricots verts is braised beef served with French beans.

- Bouf Hollandaise is a piece of beef rubbed with treacle, &c., salted, smoked and boiled. It is eaten cold.
- Pâté de bœuf aux pommes de terre is a pie of minced beef and mashed potatoes, with a crust of mashed potatoes.
- Pâté chaud d'escalopes de filet de bœuf is a hot pie of slices of fillet of beef, ham and potatoes, with brown sauce.

Ox-tongue, or Langue de bœuf, boiled and glazed, is served à la prima donna with a border round it of quenclles of veal, and white sauce with Brussels sprouts.

### VEAL.

A Fillet of veal is dressed as:

- Rouelle de veau aux petits pois larded and roasted; served with peas in white sauce.
- à la Pontoise—stuffed, roasted, and served cold with Tartare sauce.
- à la potugère—larded and roasted; served with carrots cut in shapes, onions, cauliflower and brown sauce.
- à la jardinière—stuffed with a piece of bacon, roasted, and served with a Jardinière garnish.

- Rouelle de veau à la Princesse—stuffed with forcemeat, mushrooms, &c.; roasted, and served with slices of tongue and bacon, and white sauce with cream.
- and forcemeat; roasted, and served with quenelles, slices of stewed cucumber and white sauce with cream, &c.
- --- en thon—larded with fillets of anchovy, pickled, and cooked in oil.

A Chump of veal larded and braised is served as:

- Noix de veau à l'oseille, or aux épinards, on a purée of sorrel or spinach; à la bourgeoise with brown sauce.
- a la potagère is braised white, and served in a white sauce with peas and pieces of cauliflower.

It is also served à la purée de champignons, on a purée of mushrooms; or aux petits légumes, with stewed young carrots, turnips and onions, and brown sauce.

For Veau en fricandeau, veal is larded on one side with thick strips of bacon, on the other side with fine ones, and braised.

The Loin as:

Longe de veau is roasted. Served à la Strasbourgienne, it has slices of Strasbourg or other bacon round it, and Poivrade sauce.

It is served cold au jambon, with oval slices of ham and croûtons of aspic; or à la dame blanche

with a sauce over it of Béchamel and aspic with Tarragon vinegar, &c., garnished with Indian pickles.

Larded and braised, it is served piquée braisée; or à la macédoine de légumes, with a vegetable macédoine. À la Cambacères, it has a border round it of small slices of tongue, truffles and cucumber; white sauce with wine, chopped mushrooms, &c.

The under part of a loin is roasted and dressed as Filet de veau à la crèmière, with poached eggs, and Béchamel sauce with cream, &c.

A Neck of veal dressed as:

Carré de veau au naturel is stewed, and served in the sauce with chopped gherkins and vinegar.

À la Milanaise, it is braised, and served with a Milanaise garnish.

Roasted, it is served à la purée de céleris, with stewed heads of celery and purée of celery sauce.

À la St. Clair, with slices of fixed ham and tomato sauce.

À la Bruxellaise, with Brussels sprouts and white sauce.

A Breast of veal as:

Poitrine de veau rôtie is roasted, and served with brown sauce and melted butter; à la Soubise, with Soubise sauce.

Boned, stuffed, rolled and braised, it is served à la printanière with spring vegetables; or à la Chipolata, with Chipolata garnish.

Galantine deveau is served cold, garnished with aspic.

# Calf's head is served as:

- Tête de veau au naturel, stewed, and garnished with the tongue and brains.
- ----- farcie is stuffed with forcemeat, &c., and stewed.
- --- en tortue—it is cut in pieces and boiled with vegetables and turtle herbs—basil, marjoram, thyme, bay leaves, &c. Served in the sauce with wine and mushrooms.

Veal and ham pie is called Pâté de veau au jambon.

- Timbale à la Française is a pie of layers of slices of larded veal, ham and forcement, in a shell of paste.
- Pâte de pieds de veau à l'Écossaise—a pie of calf's feet minced with suet and apples, with gravy and wine.
- Pâté chaud de godiveau is a hot pie of veal or fowl forcement.

# MUTTON.

- Hanche de mouton is a roast haunch of mutten. It may be served au jus de groseilles with brown sauce, currant jelly, &c.
- --- à la Bohémienne soaked in marinade, roasted, and served in a brown sauce with pickled onions, olives, currant jelly, &c.

A leg or neck of mutton is also dressed in this way.

A fore-quarter of Southdown mutton is called Quartier de pré-salé; if served with haricot beans it is à la Bretonne.

# A Saddle of mutton as:

- Selle de mouton à l'Anglaise or en broche is roasted.
- ---- au laver-served with laver and a brown sauce.
- ---- rôtie à la venaison-it is hung a fortnight; roasted, and served in a brown sauce with wine, &c.
- --- à la Mirabeau—roasted, and served in Poivrade sauce with chopped gherkins and beetroot.
- à la Polonaise—the meat of a roast saddle is cut out, minced, and put back again with brown sauce, &c., keeping the shape by a wall of mashed potatoes. It is sprinkled with breadcrumbs, and browned. Dressed in this way, with a purée of onions over the mince, and served with Soubise sauce, it is called à la Marseillaise.

# A Leg of mutton as:

# Gigot rôti is roasted.

- --- à la Russe roasted, and the cooking finished in burning brandy. Served with the gravy and brandy.
- à la Provençale—garlic inserted into the leg; roasted and served with Bretonne sauce.
- --- en chevrewil-larded, soaked in oil and roasted. Served with Poivrade sauce.

Gigot bouilli-boiled; served with carrots and mashed turnips. It is also served with caper sauce—sauce aux câpres. Larded and braised it is served à la Jardinière with a Jardinière garnish; à la Napolitaine—with macaroni and Neapolitan sauce: à la Soubise—with Soubise sauce and potato croquettes. — de sept heures is boned, and stewed for seven hours with onions, carrots, &c. — farci is boned, stuffed and roasted. Served with tomato or Soubise sauce. — braisé—stuffed and braised. — à la Bretonne is stuffed and braised, and served with Bretonne sauce and haricot beans. — à la Polonaise is braised, cut in slices without severing them from the bone, and a stuffing put between each slice. A Neck of mutton as: Carré de mouton is roasted; bouilli, boiled and served with carrots and mashed turnips, and caper sauce in a sauce-boat. — au riz—cooked with rice, slices of onion and dice of ham. - à l'Irlandaise is braised and served with onions and potato croquettes. — à la Jardinière—with a Jardinière garnish; or with any dressed vegetable or purée, naming it accordingly.

- Carré de mouton à la Provençale—spread with a purée of onions, breadcrumbed and browned. Served in brown sauce with garlic.
- —— à la Soubise—larded, braised, and served with Soubise sauce.
- au chevreuil—larded, soaked in marinade and braised. Served with Chevreuil sauce and potatoes cut in little balls. If stewed prunes are substituted for the potatoes it may be called à l'Allemande.
- --- à l'Algérienne larded, soaked in marinade and roasted. Served in brown sauce with some of the marinade and French plums.
- Carrés de mouton à la légumière are two necks roasted, put together like a saddle, and the space between filled up with mashed potato, garnished with other vegetables.

A Loin of mutton may be dressed in many of the ways suggested for necks. Also as:

Carbonade de mouton—boned, larded, and rolled with forcemeat in the centre; braised and glazed. Served with a dressed vegetable, Soubise or Piquante sauce, or à la Nivernaise, with stewed carrots.

A shoulder of mutton boned, stuffed, and roasted or braised, is served with Piquante sauce as *Epaule de mouton farcie*. En ballon, it is boned, larded, made into the shape of a balloon and braised.

A mutton pie made with pototoes and onions, covered with potato paste, is called Pate de mouton à l'Irlandaise.

### LAMB.

Hanche d'agneau is a roast haunch of lamb. It is sometimes called Rosbif d'agneau à la broche,

The Forequarter as:

- Quartier d'agneau à la broche, is roasted.
- --- à l'hôtelière-roasted and served in a sauce of maître d'hôtel butter with cream.
- ---- furci—a stuffing put between the neck and shoulder; roasted and served with brown sauce.
- Côtes d'agneau à la chancelière is a roast forequarter, the shoulder cut out and the meat of it minced with ham, truffles, &c., and white sauce, put into the space the shoulder was cut from. Breaderumbed, browned, and served with white sauce.
- Selle d'agneau rôtie is a roast saddle of lamb. It is served à l'Indienne, with Indian sauce and Indian pickles; and à la bonne fermière, with lamb's fry breaderumbed and fried, and a sauce of broth with chopped mint.

- Selle d'agneau braisée à l'Allemande—boned, stuffed and braised; served with Allemande sauce and any vegetable garnish.
- ——— à la Villeroi is dressed in the same way, covered with Allemande sauce and sprinkled with breadcrumbs and grated Parmesan.
- --- à la Ménagère is dressed in the same way as saddle of mutton à la Polonaise, with a white instead of a brown sauce, and the meat cut in small square slices.

A Leg of lamb is dressed in the same way as a leg of mutton. Also as:

Gigot d'agneau bouilli aux épinards, boiled and served on spinach; or à la Palestine with a purée of Jerusalem artichokes.

The Neck as:

- Carré d'agneau aux petits pois is roasted and served with green peas; or aux légumes printaniers with spring vegetables.
- à la Bruxellaise is braised and served on a purée of Brussels sprouts.

The Shoulder, or-

Epaule d'agneau, is roasted; served à la maître d'hôtel, with maître d'hôtel sauce; or aux pointes d'asperges, with asparagus heads and white sauce.

Boned, larded, braised and glazed, it is served as glacée.

—— à la Montmorency—boned, stuffed with forcemeat, larded and braised; served with Toulouse garnish. It is also dressed à la Polonaise in the same way as a saddle of mutton.

Pâté chauā d'agneau is a hot pie of lamb cutlets with potatoes, white sauce, &c.

### PORK.

Selle de porc frais is a roast saddle of pork.

A la Robert it has Robert sauce.

A Leg of pork as-

- Gigot de porc bouilli is boiled with the carrots, turnips and parsnips with which it is served.
- à la Piémontaise is roasted and served in a brown sauce with Indian pickles, olives, &c.
- à l'Allemande is pickled, boiled, and served with stewed red cabbage and pickled cabbage, carrots and turnips, and Poivrade sauce.

Échinée de porc rôtie is a roast chine of pork.

Carré de porc à la Rémoulade—a roast neck served in Rémoulade sauce with chopped Indian pickles.

Longe de porc rôtie is a loin roasted.

- Pâté à la Leicestershire is a pork pie in a crust made with hog's lard instead of butter.
- à la Devonshire is a pie of layers of slices of pork, bacon and apples.

Salt pork boiled with cabbages and other vegetables, and served with them, is called *Petit salé aux choux*.

A sucking pig is plainly roasted; or stuffed with truffles, &c., as Cochon de lait à la Périgueux; or with chestnut and sausage-meat stuffing, and served with Chipolata garnish, as à la Chipolata.

A la Savoyarde—stuffed with sausage-meat, rice, &c., and roasted; served with little sausages, and a white sauce with wine and mushrooms.

Cochon de lait en galantine is a braised galantine of sucking pig.

Pâté froid de cochon de lait is a cold sucking pig pie.

# A Ham as:

Jambon à la broche aux épinards is roasted, and served with spinach. If a York ham is used, the dish is called Jambon d'York à l'Anglaise.

—— à la Maillot is braised in wine; served with vegetables and Madeira sauce.

glacé à la Jardinière is glazed, and garnished "à la Jardinière." It is also served à la Macédoine, aux petits pois or aux haricots verts, with a garnish of Macédoine, green peas or French beans.

Fromage de cochon is brawn.

A haunch of boar, or *Cuissot de sanglier*, may be served à la Royale, larded, and braised in wine and water with vegetables, &c., sprinkled with breadcrumbs and served with the sauce.

Filet de sanglier au chasseur is a fillet of boar,

soaked in oil, &c., and braised; served in the sauce with Poivrade sauce.

Hure de sanglier is a boar's head.

### POULTRY.

A capon boiled in stock with bacon, onions, &c., is served in the sauce as Chapon au gros sel. Stuffed with truffles, &c., and roasted, it is served à la Périgueux, with Périgueux sauce; or à la Piémontaise, with tomato sauce and raviolis.

A fowl boiled and served with Bourgeoise sauce is called Poule au pot.

A fat pullet, or *poularde*, is roasted and served à la financière with Financière garnish; or aux légumes printaniers with stewed young vegetables and brown sauce.

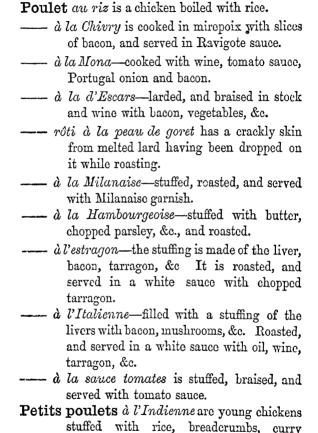
À la Grimod de la Reynière it is filled with a stuffing of the liver with truffles, mushrooms, &c. Roasted in slices of bread and ham.

À la Montmorency it is larded, stuffed with foie gras, bacon, &c. Braised and glazed.

A la Guillaume Tell it is boned, stuffed and braised; set in a mould with the stock, garnished with truffles, and served cold.

For Pilau de poularde it is cooked with spice, onions, rice, &c. Masked with the rice, and garnished with hard-boiled eggs.

Poulets et langue are two boiled chickens with a tongue between them; white sauce with any vegetable garnish.



powder, &c. Braised, and served with rice and Indian sauce, garnished with

Indian pickles.

- Petits poussins are very young chickens. They are larded and braised, and served à la Vénitienne in a white sauce with wine, cock's combs, chopped mushrooms, &c.; or à la chevalière, in white sauce with button onions, mushrooms, &c.
- Pâté chaud de volaille au jambon is a hot chicken and ham pie.
- --- froid de volaille aux truffes is a cold chicken pie, with forcement and truffles.

### DUCKS.

Ducks are roasted and served au jus d'orange, with orange sauce; or braised and served aux petits pois, or aux champignons, with stewed peas or mushrooms.

- Canards, or canetons, au Père Douillet are braised in wine and stock, and served in the sauce.
- --- à la St. Michel—braised in wine and broth, and served with mushrooms, &c., in the sauce
- à l'Espagnole—braised with vegetables, oil, and garlic; served in a brown sauce with olives.
- --- à purée verte are stewed ducks, covered with a purée of green peas.

They are also served aux navets, au céleri, or aux olives, with stewed turnips or celery, or with olives.

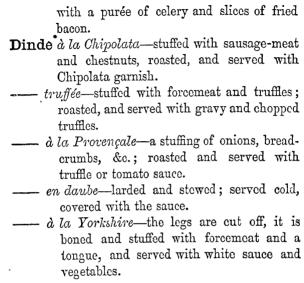
### GOOSE.

- Oie *rôtie* is a roast goose, served with apple sauce in a sauce-boat.
- ----- braisée à la Jardinière is braised, and served with brown sauce and Jardinière garnish.
- à la Chipolata served with Chipolata sausages.
- --- rôtie, farcie de marrons-stuffed with the liver, chestnuts, &c., and roasted.
- à la Portugaise—stuffed with slices of Portugal onions, wine, &c., roasted, and served with stewed Portugal onions and a brown sauce.
- à l'Arlesienne—stuffed with onions, truffles, chestnuts, &c., braised in mirepoix, and served in tomato sauce.
- --- en daube is stuffed, braised, and served cold covered with the sauce.

Pâté aux abatis d'oie is giblet pie

### TURKEY.

- **Dinde** rôtie is a turkey roasted, and garnished with sausages.
- rôtie parfaite is stuffed with sausage-meat, chestnuts and truffles, and roasted.
- à la purée de céleris boiled, and served



A young turkey, roasted, is served as *Dindonneau* à la duchesse, with a purée of cucumbers, quenelles, small pieces of tongue, and French beans.

Galantine de dinde is a braised galantine of turkey; it is served cold.

—— de dinde aux foies gras has fat livers or fowls added to the forcemeat.

# PIGEONS.

Pigeons stewed in stock with bacon, mushrooms, onions, &c., are served in the sauce as *Pigeons en compote*.

- **Pigeons** à la crapaudine are breadcrumbed and broiled; served with Piguante sauce.
- --- en ragoût d'écrevisses are stewed, and served in a white sauce with mushrooms and crayfish.
- --- aux petits pois are stuffed, and stewed with onions, green peas, &c.
- Pâté chaud de pigeons, or pigeonneaux, is a hot pigeon pie.
- de pigeons à l'Anglaise is a pigeon pie with collops of beef steak.

# GAME.

# VENISON.

The haunch of venison, or **Hanche de venaison**, ranks first amongst removes.

Dressed à la Corinthienne, it is larded, soaked in marinade and roasted; served in a brown sauce with port wine, currants, currant jelly, &c.

Quartier de venaison is a fore-quarter of venuson.

Gigot de cerf, or venaison, is a leg of venison. Filet de cerf, or venaison, is a fillet of venison.

Epaule de cerf, or venaison, is a shoulder of

Carré de cerf, or venaison, is a neck of venison.

The forequarter of a roebuck is served as coartier de chevreuil; the leg, as Gigot de chevreuil.

A venison pasty is called Pâté de venaison.

### HARE.

- Lièvre, or Lévraut, sauce Poivrade, is larded, roasted, and served with Poivrade sauce.
- --- au jus de groseilles—larded, roasted, and served in brown sauce with olives and currant jelly.
- --- rôtie à la Finnoise-larded, roasted, and served in a sauce of stock, vinegar, sour cream, &c.
- Râble de lièvre rôti is a baron of hare, larded and roasted.
- Lièvre en daube is boned, and stewed in a jar with bacon, veal, game stock, &c. It is served cold, in the jar.
- Pâté de lièvre à l'Écossaise is a pie of stewed hare with wine, &c.
- Pain de lièvre à la Yorkshire is a pic of layers of slices of hare, ham and hard-boiled eggs, with game jelly. It is served cold.

### RABBITS.

As Lapereaux à l'Anglaise they are stewed, and served with Soubise sauce.

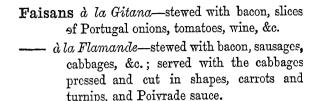
- **Lapereaux** grillés are flattened and broiled; served with butter and chopped-parsley.
- aux petits pois are cooked in a white sauce with onions, green peas, &c. If mushrooms are substituted for the peas they are called à la Tavernière.
- à la Jardinière are cooked in white sauce, with young onions, carrots and turnips cut in little balls, and peas.
- --- à la villageoise—stuffed, roasted, and served in melted butter sauce with shallots, &c.

Galantine de lapins is made of rabbits boned without removing the heads. It is served cold, garnished with the sauce in which it is braised, in a jelly.

Rabbit pie is served as Pâté chaud de lapereaux.

# PHEASANTS.

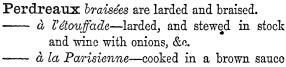
- **Faisans** à la Soubise are braised pheasants covered with Soubise sauce; aux marrons, with chestnut sauce.
- --- à la puree de gibier are larded, braised, and served with purée of game sauce.
- à la Fontainebleau—the breasts are larded in a square. They are braised in white stock with lettuces, sausages, &c., and served with the lettuces and sausages, and brown sauce.



- --- à l'étouffade-larded and stewed; served with game sauce.
- --- aux foies gras—stuffed with foie gras, ham, truffle, &c., and roasted.
- --- truffés à la Piémontaise stuffed with truffle stuffing, roasted, and served with a sauce of aspic and wine with slices of truffles.
- --- à la Bohémienne-stuffed with foie gras, truffle, &c.; cooked in mirepoix, and served in the sauce with truffles and foie gras.
- --- à la Saint-Cloud—boned, filled with a stuffing of the livers with partridge, truffles, &c.; roasted, and served on toast with Italian sauce and truffles.
- Pâté chaud de faisan aux truffes is a pie of pheasant with forcemeat and truffles.

### PARTRIDGES.

Partridges braised in stock with bacon, cabbages, &c., are served as *Perdreaux aux choux*, with the cabbages and slices of bacon.



- —— à la Parisienne—cooked in a brown sauce with wine, and served in the sauce.
- à l'Anglaise—stuffed with the livers and butter, and roasted. A stuffing of shallots, breadcrumbs, &c., is inserted under each joint, and they are served in a sauce of stock and wine.
- --- truffés à la Périgord—stuffed with truffle stuffing and roasted; served in a white sauce with truffles.
- --- à la Mecklenbourg—stuffed with chopped French plums, game forcement, &c.; cooked in stock and wine, and served in the sauce with tomato sauce and currant jelly.
- --- à la Victoria—the breast bones removed, stuffed with game forcemeat, larded and braised; served with brown sauce, wine, &c.
- Paté de perdreaux au chasseur is a pie of partridges with veal and bacon, mushrooms, and onion sauce.

# GROUSE.

Grouse are dressed like Pheasants à la Piemon-

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taise. À la Kinnaird they are stuffed, roasted, and served with Financière garnish.

Pâté de grouse à l'Écossaise is a pie of grouse with beef steak, &c.

# BLACK GAME.

As Coqs noirs, or Coqs de bruyère, à la royale, blackcocks are larded, braised, and served with a white sauce and little rissoles of game.

A la Rob Roy they are stuffed, roasted with sprigs of heather and whiskey, and served with melted-butter sauce.

Grouse are also dressed in this way.

### SNIPES.

Snipes cut in halves, baked on layers of bacon, with butter, are served cold as Bécassines en terrine à l'Irlandaise.

Boudin de bécassines à l'épicurienne is composed of snipes, mushrooms, truffles, &c., with wine, in suet crust.

Quails, Plovers, and Larks may be dressed in hot ries, and served as Pâté chaud de cailles, pluviers, or mauviettes; or in cold pies, as Pâtés froids. Ary small birds may be used for these pies.

Pâté de mauviettes à la Melton Mowbray is a lark pie with veal and bacon, mushrooms, truffles, &c.

Larks or other small birds are dressed as Boudin à la Chipolata, with Chipolata garnish in suet crust.

Paté froid de gibier is a cold pie made of the meat of several kinds of game.

--- à la Yorkshire is composed of goose, hare, grouse and snipes, with spices, sausage meat and slices of ham.

# CHAPTER V.

# ROASTS, OR RÔTS.

Black Diver—Macreuse. Dressed au chocclat they are served covered with chocolate.

Black Game—Coqs noirs, or Coqs de bruyère.

À la Stockholm they are larded on one side, and barded with vine leaves on the other side.

Bustard—Outarde canepetière.

A la Russe they have a slice cut in the breast and a stuffing inserted, and are served with brown sauce.

Capon — Chapon. Served with watercress it is called au cresson.

Chicken—Poulet. Served à la Forrester it is covered with watercress leaves, mustard and cress, &c.

Bardé, it is barded—roasted with a slice of bacon over the breast, and served with the bacon on it.

Rôti à la Staël it has a white crust from being sprinkled with flour during the roasting.

Spring Chickens—Petits Poulets.

Young Chickens—Petits Poussins.

Duck—Canard.

Duckling—Caneton. Served with orange sauce it is called au jus d'orange or à la bigarade.

Goose-Oie.

Green Goose-Oison or Oisillon.

Grouse-Grouse.

À la bonnie lassie they are served on brown bread toast with melted-butter sauce.

Guinea Fowl—Pintade or Gelinotte.

Piquée they are larded; bardée, barded.

Hare—Lièvre.

Lapwings-Vanneaux.

Larks-Mauviettes.

Leveret—Lévraut.

Ortolans-Ortolans.

Partridges—Perdrix or Perdreaux. "Perdrix" is usually applied to older birds. A brace of partridges is Accolade de perdreaux.

Peahen—Paonne.

Pheasant—Faisan.

Pigeons-Pigeons.

Young Pigeons—Pigeonneaux.

Bardés aux feuilles de vignes they are roasted with vine leaves and slices of bacon over the breasts.

Pintail—Pilet.

Plovers-Pluviers.

Fat Pullet—Poularde.

Quails—Cailles. They are bardées aux feuilles de vignes in the same way as Pigeons.

Rabbit—Lapin.

Young Rabbit—Lapereau. A brace of young rabbits—Accolade de lapereaux.

Shovellers—Rouges de rivière.

Snipes—Bécassines.

Teal—Sarcelle. They are served au cresson with watercress; and à la Bigarade with Bigarade sauce. Turkey—Dindon (m.), or Dinde (f.).

Turkey Poult — Dindonneau. They are piqué, larded; bardé, barded; and farci, stuffed with forcement and truffles.

Widgeon—Canard siffleur. They are sometimes called Macreuses.

Wild Duck—Canard, or Cancton, suuvage.

Woodcocks—Bécasses. Served à la Piémontaise they have game sauce and slices of truffles.

# CHAPTER VI.

VEGETABLES, OR LEGUMES, AND SALADS.

### ARTICHOKES.

ARTICHOKES plainly boiled are served with butter sauce in a sauce boat as Artichauts sauce au beurre, or with Dutch sauce, sauce Hollandaise. Artichoke bottoms as:

Artichauts à la bonne femme are boiled and
served with white sauce.
à la Bruxellaise are cut in quarters, cooked
in white sauce, and arranged in a border
with Brussels sprouts and Maître d'hôtel
sauce in the centre.
- au velouté are dressed in the same way
and served in the sauce with cream and
yolks of eggs.
— à la Lyonnaisc—cooked in butter and served
in brown sauce with onions, &c.
à l'Italienne-cooked in stock, wine, &c.,
and served in Italian sauce.

--- farcis-stuffed, and cooked with oil and

---- à l'essence de jambon—stuffed, braised, and served covered with a purée of ham.

bacon, &c.

- Artichauts à la barigoule stuffed with chopped bacon, mushrooms, &c.; braised and served with Italian sauce.
- --- furcis à l'Italienne—the stuffing is made of onion, breadcrumbs and grated cheese.
- ---- à la Hollandaise—stuffed with a purée made from the leaves, and served with Hollandaise sauce.
- ---- en mayonnaise—served cold, coated with Mayonnaise sauce and sprinkled with chopped parsley.
- Crème d'artichauts is a purée of artichokes with cream, steamed in a mould; served with cream sauce.

### JERUSALEM ARTICHOKES.

Topinambours à l'Italienne are cut in fancy shapes, cooked with butter, stock, &c., and glazed; served with Italian sauce. They are also sauté in thin slices.

A purée of Jerusalem artichokes with cream, sprinkled with grated Parmesan and browned, is called *Topinambours au gratin*.

# ASPARAGUS.

Plainly boiled they are called Asperges en branches.

They are served à la sauce, with white sauce; au beurre, with butter sauce; à l'huile, with oil and vinegar.

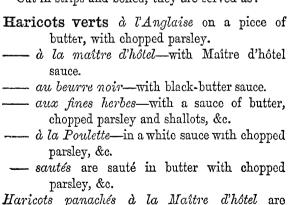
Asperges à la crème are cut up and served in Béchamel sauce.

— à la Pompadour—cut up and served in a sauce of butter, yolks of eggs, &c.

Cut up small, they are dressed en petits pois—stewed and served in a white sauce; as Pointes d'asperges au jus—stewed in stock; or à la crème—served in a sauce of butter, cream, yolks of eggs, &c.

### FRENCH BEANS.

Cut in strips and boiled, they are served as:



Maître d'hôtel sauce.

French beans and haricot beans with

### HARICOT BEANS.

White hericot beans, boiled, are served as:

Haricots blanes à la Maître d'hôtel, or à la Bretonne — with Maître d'hôtel or Bretonne sauce; au beurre de piment—with capsicums pounded with butter; à la moelle—with beef marrow, &c.

—— au jus are stewed in stock.

They are also served en purée with stock; or as Purée de haricots à la crème—a purée with cream.

Haricots rouges à la Bourguignonne are red haricot beans cooked in stock with onions, wine, &c.

# BROAD BEANS.

- Fèves de marais à l'Anglaise are boiled and served with parsley and butter.
- —— à la crème are boiled in milk with chopped parsley; served in the sauce with cream, &c.

Purée de fèves is a purée of beans.

# BEETROOT.

Cut in slices, beetroot is served as:

Betteraves à la crème, boiled in white sauce.

\_\_\_\_ à la Poitevine—served in brown sauce with onion, spice, &c.

-- à la Chartreuse-sandwiches of a slice of

onion between slices of yellow beetroot, dipped in batter and fried.

Broccoli is dressed in the same way as cauliflower.

#### BRUSSELS SPROUTS.

Choux de Bruxelles à la Maître d'hôtel are boiled, and served in Maître d'hôtel sauce. Sautés, they are sau'é in butter with lemon, &c.

#### CABBAGE.

Choux furcis—the heart is cut out, and a stuffing of sausage-meat, &c., put between each leaf. It is braised and served in the sauce.

--- en surprise—the heart cut out, it is filled with sausage-meat and boiled chestnuts, and stewed.

# CARDOOIIS.

Boiled cardoons are served au velouté in white sauce; à l'Espagnole in brown sauce; or au gratin covered with breadcrumbs, sprinkled with melted butter, and browned. If grated cheese is mixed with the breadcrumbs, they are called à l'Italienne.

Cardons au jus are stewed, and served in brown sauce with beef marrow. Garnished with pieces of toast spread with beef marrow, they are called à la Moelle.

A purée of cardoons with cream, &c, garnished with croûtons, is served as Purée de cardons aux croûtons.

#### CARROTS.

Boiled and cut in shapes, carrots are served as:

- Carottes à la Béchamel, in Béchamel sauce, garnished with croûtons; or à la poulette, glazed, and served in Poulette sauce.
- --- à la ménagère are cut in slices and served in a white sauce with wine, herbs, &c.
- --- aux petits pois—cut in dice and served with peas in a white sauce.
- au sucre—mashed, and dressed with milk, sugar, eggs, &c., the top sprinkled with sugar.

Young carrots stewed in white sauce are called Petites carottes, or Carottes nouvelles, à la sauce blanche.

Stewed and glazed, they are glacées; or à l'allemande, served with Allemande or brown sauce.

# CAULIFLOWERS.

- Chouxfleurs au gratin are masked with a white sauce with grated Parmesan, breaderumbed and browned. They may also be called au Parmesan.
- \_\_\_ sauce au beurre are served with butter sauce.

Chouxfleurs à la sauce—served with white sauce.

Pieces of cauliflower, masked with white sauce, dipped in batter and fried, are called Marinade de chouxfleurs.

#### CELERY.

Céleri au jus is stewed in stock.

à	la moelle is stewed and served on toast,
	with brown sauce and beef marrow.
à	la crème-stewed, and served in a white
	sauce with cream.
à	l'Espagnole - stewed, and served in
	Espagnole sauce.
à	la Chetwynd-stewed with onions, and
	served on toast with the onions, and
	Béchamel sauce with cream, &c.
à	la Villeroi - masked with Allemande
	sauce, breadcrumbed and fried.

Celery roots are served with butter sauce as Celerirave à la sauce au beurre; stewed and served au jus; or glazed—à la demi glace. They are also dressed as a Purée de celeri-rave.

# CHESTNUTS.

Though properly a fruit, a purée of chestnuts cooked with stock and wine may be served as a vegetable, and called *Purée de marrons*.

#### CUCUMBER.

Slices of cucumber cooked with cream, butter and flour are called Concombres à la crème.

- Concombres à la poulette—cut in pieces, and cooked with butter and sugar; served in white sauce with cream, chopped parsley, &c.
- ---- farcies à la crème—the centres scooped out, they are stuffed and stewed; served in Béchamel sauce with cream and sugar.
- a l'Espagnole—cut in short lengths, stuffed, stewed, and served with brown sauce.
- --- à la moëlle—the stuffing is made of breadcrumbs, beef marrow, &c.; they are served with a brown sauce.

# EGG PLANT.

Aubergines farcies are cut in halves, the centres chopped, and put back into the skins with oil, brown sauce, &c.; sprinkled with breadcrumbs and browned.

# ENDIVE.

Chicorée au jus is stewed in stock.

——— à la crème is chopped, and dressed with cream, white sauce, &c.; garnished with croûtons. If the cream is omitted, it should be called en purée.

#### LEEKS.

As Poireaux au jus they are stewed in stock.

#### LENTILS.

A purée of lentils with stock, garnished with croûtons, is served as *Purée de lentilles aux croûtons*.

#### LETTUCE.

Lettuce is served an jus, stewed; or as Laitues farcies, the centres cut out, filled with forcement and braised.

# MORELS.

- Morilles aux croûtons are stewed and served with the sauce on buttered toast.
- à l'Italienne are served in Italian sauce.
- --- à l'Andalouse are cooked with oil, wine, ham, &c., and served in the sauce.

#### MUSHROOMS.

For Croutes aux champignons they are broiled and served on toast.

- Champignons à la sauce are stewed, and served in white sauce.
- à la Bordelaise are soaked in oil, broiled, and served in the oil with chopped parsley, &c.
- ---- farcis or au gratin are filled with stuffing, sprinkled with breadcrumbs and baked.

  They are served with or without brown sauce.

Cut in slices they are dressed en ragoût, with broth, chopped parsley, &c; or à la crème, with butter, cream, &c.

For *Purée de champignons* they are chopped, and served with butter, gravy, &c., garnished with croûtons.

# ONIONS.

Stewed Portugal onions are served as Oignons au jus.

Stewed in a white sauce with puree of ham they are

en ragoût.

For Oignons farcis the centres are cut out, they are stuffed, and cooked with bacon, &c.

Small onions served in Poulette sauce are à la poulette.

Au sirop doré they are stewed with butter, sugar, &c., and are served in the sauce.

A purée of onions with stock is called Purée

d'oignons à la Bretonne. It is garnished with croûtons.

#### PEAS.

- Petits pois à l'Anglaise are boiled and served on a lump of butter.
- --- à la Française are stewed, and mixed with flour and butter.
- ---- à la Parisienne—boiled with onions, butter, sugar, &c., and served with the sauce.
- au jus—stewed in stock.
- aux laitues—stewed with lettuces.
- ---- à l'ancienne mode—stewed, and served with cream and yolk of egg.

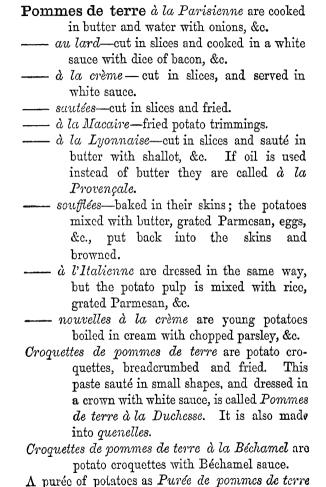
They are also served an lard, stewed in stock with dice of bacon, &c.; or an jambon with dice of ham, young onions, &c.

- en cosses are boiled in their shells.

# POTATOES.

Pommes de terre en chemise are boiled in their skins.

Boiled and cut in slices they are served  $\partial$  l'anglaise, with butter;  $\partial$  la maître d'hôtel, in maître d'hôtel sauce; or  $\partial$  la crème au gratin, with white sauce and grated Parmesan, sprinkled with breaderumbs and browned.



gratinée is sprinkled with breadcrumbs and browned. Mixed with white sauce it is called à la Maria.

#### PURSLANE.

The stalks of Purslane with cinnamon, &c., dipped in batter and fried, are called *Pourpier en friture* à la Milanaise.

#### SALSIFIS.

Salsifis à la crème is boiled and served in a white sauce.

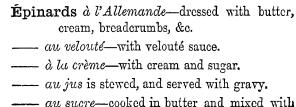
- à la Béchamel is served in Béchamel sauce.
- à la moëlle—stewed, and served with beef marrow spread on pieces of toast, and brown sauce.
- --- à la poulette-served in white sauce with cream, mushrooms, &c.

# SEA-KALE.

Boiled sea-kale served on toast with butter sauce is called *Choux de mer à la sauce*; à *l'Espagnole*, it is served in Espagnole sauce.

## SPINACH.

Spinach is served à l'Anglaise, with butter or cream; à la Française with butter, stock, &c.



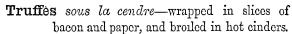
# TOMATOES.

sugar, &c.

- Tomates farcies or au gratin—the centres are cut out, they are stuffed, sprinkled with breadcrumbs and baked.
- à la Provençale— the centres are mixed with oil, chopped onions, &c, put back into the skins and baked.
- Soufflé de tomates is tomato pulp with eggs, baked in small soufflé cases.

# TRUFFLES.

Truffes à la serviette are cooked in wine and broth, and served on a napkin.



- --- au vin de champagne—cooked^with bacon, veal, mushrooms, champagne, &c.; and served in the sauce.
- —— à la Piémontaise—cut in slices, fried in oil with garlic, &c., and served with Italian sauce on buttered crusts of rolls.
- —— demi Piémontaise are dressed in the same way, substituting tomato sauce with wine and garlie for Italian sauce.
- a la Dino—truffles dressed "au vin de champagne" are used for this dish. The centres chopped with forcement, &c., put back into the shells, braised, and served with truffle sauce.

For Croûtes aux truffes they are cut in slices, cooked in brown sauce with wine, &c., and served on toast.

# TURNIPS.

Navets an jus are stewed in stock and served in the sauce.

- —— au sucre are stewed with stock and sugar.
- ----- glacés au jus--stewed and glazed in stock.
- ---- glacés au sucre-cooked with butter, sugar and stock, and glazed.
- ---- à la Poulette-cut in shapes and cooked in white sauce.

They are also served in a purée, garnished with croûtons, as *Purée de navets*.

# VEGETABLE MARROW.

- Potirons, or Giraumons, à la Hollandaise are cut in pieces, baked, and served in Hollandaise sauce.
- --- à la Provençale are cut in halves, fried, and filled with a stuffing of onions, bread-crumbs, oil, &c.
- --- au gratin—a purée of vegetable marrow with cream, sprinkled with breadcrumbs and browned.

# YAMS or SWEET POTATOES.

- Patates au beurre are cooked, cut in slices and served with butter.
- --- à la Française are cut in pieces, and served in a sauce of butter, flour, cream, &c.

For Beignets de patates they are cut in pieces, soaked in brandy, dipped in batter and fried.

Chartreuse de légumes is an ornamental mould of mixed vegetables, filled with chopped vegetables stewed in brown sauce. Racines en menu droits are slices of onions, carrots and turnips, &c., with mustard and vinegar.

# SALADS. Salade à la Macédoine de légumes is composed

and vinegar.

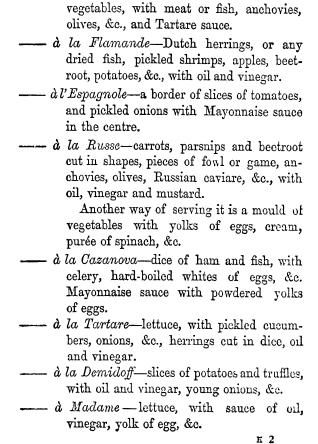
of separate heaps of vegetables, with oil

—— de pommes de terre—slices of potatoes and
beetroot, with chopped parsley, &c., oil and
vinegar.
de cresson aux pommes de terre-watercress
and slices of potatoes, with oil and vinegar.
— de tomates—slices of raw tomatoes with
chopped shallots, &c., oil and vinegar.
de choux rouges à la Russe-red cabbage,
with sauce of sour cream, hard-boiled yolks
of eggs, &c.
— aux concombres—slices of cucumber with oil
and vinegar.
— aux betteraves — slices of beetroot, with
chopped Portugal onions, oil and vinegar.
de chicorée à la Française-endive, with oil,
vinegar and garlic.
— à la Française—lettuce, or any one kind of
salad only, with oil, vinegar, &c.
— à l'Anglaise—lettuce, celery, beetroot, endive,
&c., with oil and vinegar.
— à l'Allemande—slices of potatoes, Brussels
a value since of potatoes, Drussers

Salade & l'Italienne—several kinds of salad and

vinegar, &c.

sprouts, cauliflower and celery, with oil,



tables, with oil, vinegar, &c.

Salade à la Jardinière—fine strips of vege-

Cerises à la vinaigrette is composed of stoped cherries, fillets of anchovies, young onions, chopped bacon, &c., with cil, vinegar, mustard and spice.

# CHAPTER VII.

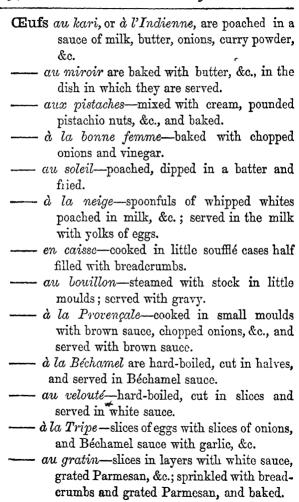
#### EGGS AND OMELETTES.

#### EGGS.

Poached eggs, or Euss pochés, may be served au jus, with brown gravy, garnished with fillets of anchovy placed crosswise on each egg; or au jambon, on oval slices of fried ham, with Poivrade sauce.

So-called "buttered" eggs—cooked with butter, &c.—are served as Œufs brouillés.

- CEufs brouillés aux pointes d'asperges, aux champignons, aux truffes, or au jambon, are dressed in the same way, with the addition of asparagus cut up, chopped mushrooms, truffles, or ham.
- —— brouillés à l'Indienne are cooked with butter, chopped onion, curry powder, &c.
- —— au beurre noir—fried, and served in blackbutter sauce.
- -— à la Suisse are baked in a dish lined with slices of cheese, covered with cream and sprinkled with grated cheese-



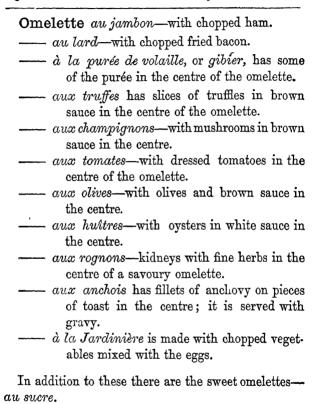
- Œufs à l'aurore—shred hard-boiled whites of eggs in Aurora sauce, in layers with grated Parmesan and the yolks of the eggs powdered.
  à la St. James—boiled hard in moulds, the yolks mixed with chopped truffles and put back into the whites; served in Mayonnaise sauce with chopped truffles.
  - ---- en canapés—hard-boiled and cut in halves, the yolks mixed with chopped parsley, butter, &c, and put back into the whites.
  - --- farcis à la crème are prepared in the same way, and served with Béchamel sauce.
  - —— en aspic—slices of hard-boiled eggs set in a mould of aspic.

Plovers' or Lapwings' eggs are set in a mould of aspic, or served with a border of aspic round them, as Œufs de pluviers, or vanneaux, en aspic, or à l'aspic.

#### OMELETTES.

A simple omelette is called Omelette au naturel.

- Omelette aux fines herbes is a savoury omelette
  —with chopped parsley and shallot.
- au Parmesan—with grated Parmesan; if Gruyère cheese is used instead of Parmesan it is called au fromage.



Omelette aux confitures—a sweet omelette folded over jam.

- --- au rhum-a sweet omelette with rum, and a sauce of burning rum.
- à la Celestine—a small omelette of sugar,

flour, milk and eggs, with apricot marmalade and frangipane in the centre.

An Omelette soufflée is made with sugar, beaten yolks and beaten whites of eggs, and is baked.

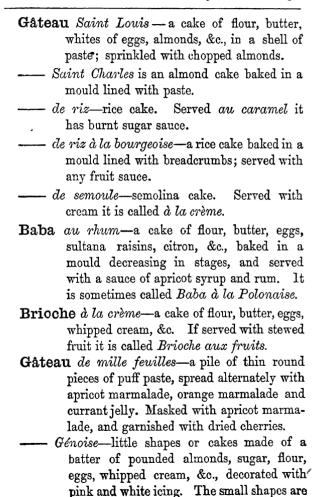
For Omelette soufflée à la crème, whipped cream is used instead of some of the whites of eggs.

# CHAPTER VIII.

#### ENTREMETS.

#### CAKES AND PASTRY.

- Gateau Napolitaine is a cake composed of thin round pieces of a paste of pounded almonds, flour, butter, yolks of eggs, &c., spread with preserve and piled one on the other. Garnished with pistachio nuts, or masked with the preserve, or glazed with sugar icing. It is sometimes called Gâteau Napolitaine à la Chantilly.
- --- à la Compiègne is a cake of flour, butter, eggs, cream, &c.; cut in slices, spread with apricot marmalade, and put together again.
- dried cherries, citron, cream, &c.; served with almond custard.
- d'amandes—a cake of ground almonds, eggs, sugar, &c.
- --- de pistaches is made in the same way with pistachio nuts instead of almonds.



sometimes called Génoises glacés à l'Italienne.

There are various other ways in which this is served. As Gâteau génoise aux abricots it is a cake cut in slices, spread with apricot marmalade, and put together again; covered with the marmalade, and served with whipped cream.

Génoises aux amandes are masked with meringue mixture, and sprinkled with chopped almonds, &c.

Pâtisserie génoise is Genoese pastry made of flour, butter, sugar, eggs and brandy, cut into sandwiches with jam.

A Genoese cake is served in this way as Biscuits à la Vénitienne, coated with pink and white icing sugar. As Puits d'amour it is cut in shapes an inch thick, the centres cut out, and the space filled with whipped cream and preserve. The whole glazed with sugar icing. These are also made with pound cake instead of Genoese.

Biscuit de Savoie is Savoy or sponge cake.

Any cake cut in small shapes and glazed with chocolate is served as *Chocolat glacé*. Sponge biscuits glazed with chocolate are called *Biscuit glacé au chocolat*.

Petits pains à la Parisienne are sandwiches of finger biscuits with preserve, masked

with alternate lines of meringue mixture and preserve.

- Petits gâteaux aux amandes are small shapes of a paste of flour, sugar, eggs, almonds, &c., with chopped almonds strewn on the top; they are served with whipped cream or preserve in the centre of the dish.
- --- à l'Irlandaise—small cakes of a batter of flour, butter, eggs, &c.
- Gâteaux à la reine—small shapes of a paste of pounded almonds, sugar and whites of eggs; glazed with sugar icing.
- Petits gâteaux à la Victoria—little cakes of flour, butter, pounded almonds, maraschino, &c., spread with orange marmalade, and glazed with yellow icing.
- Madeleines are little cakes of a batter of flour, butter, eggs, brandy, &c.
- Darioles—a batter of flour, sugar, eggs, cream, pounded almonds, &c., baked in dariole moulds lined with paste, with candied orange flowers on the top. Flavoured with vanilla or coffee they are called à la vanille, or au café.
  - --- à la Duchesse are Duchess cakes made of a batter of flour, eggs, citron, angelica, dried cherries, &c.; glazed with white sugar.
  - à la patissière are small cakes of sugar, flour, butter, cream, yolks of eggs, &c.

- Biscuits à l'Italienne are fancy shapes of a paste of flour, sugar, eggs, chopped almonds, &c., spread with jam, and put together in pairs. They are served in a crown with whipped cream in the centre.
- aux péches are round-topped biscuits spread with jam and put together in pairs in the shape of peaches; coated with white icing and a little red colouring.
- ---- aux abricots are made in the same way, but of a smaller size. Apricot jam should be used, and yellow icing.
- Gâteaux à la crème—pastry of cream, flour and butter, in fancy shapes.
- Gâteau fevilleté is puff paste cut in shapes.
- Puit de fruits aux blanches couronnes is formed of rings of puff paste spread with preserve, and put one on the other in a pile; garnished with angelica, and a piping of whipped cream; the centre filled with stewed fruit.
- Gâteaux à la Condé—thin oblong or fancy shapes of puff paste, the surface covered with chopped almonds, sugar, &c. This is sometimes called Pâtisserie d'amandes à la Condé.
- Petits gâteaux d'abricots are square pieces of puff paste folded over apricot marmalade.
- à la Polonaise are little folded envelopes

- of puff paste, garnished with red currant jelly.
- Eventuil aux cerises—strips of puff paste on a border of apple marmalade with stewed cherries in the centre.
- Petits vol-au-vents à la Chantilly are little vol-au-vents of puff paste filled with marmalade and cream "à la Chantilly."
- --- à la gelée mousseuse are covered with chopped sugar coloured red, and filled with Maraschino jelly whipped to a froth. As Petits puits aux pistaches they are covered with chopped pistachio nuts and sugar, and filled with whipped cream.
- Patisserie à la tartine—sandwiches of puff paste and jam.
- Gauffres à la Française—a batter of flour, sugar, whipped cream, eggs, &c., baked in gauffre irons.
- à l'Allemande, à la Flamande, and de Carlsbad, are varieties of the French gauffres.
- aux amandes—a batter of flour, sugar, almonds, eggs, &c., baked in thin pieces, coiled round and filled with whipped cream.
- Suédoises à la crème—a batter of flour, sugar, almonds, &c., baked in small balls, and served with whipped cream.

- Petits choux are Spanish cakes made of a batter of flour, butter, eggs, sugar, &c., baked in small balls. They are served aux amandes, or à la crème, covered with chopped almonds and sugar, or filled with cream; au caramel they are dipped in boiled sugar and covered with chopped pistachio nuts and sugar.
- à l'Espagnole are fried in the shape of small balls. À la comtesse they are baked in finger-shaped pieces and filled with cream; en gimblettes, deep rings of the paste are covered with chopped pistachio nuts and sugar.
- Petits pains de la Mecque, or Mecca loaves, are small oval cakes made of the same paste with the addition of whipped cream; sprinkled with chopped sugar. Flavoured with lemon they are called Petits pains de la Mecque au citron.
- Soupirs de nonne, or Pets de nonne, are made of a paste of butter, sugar, flour, eggs, orange-flower water, &c., fried in small balls. This paste, in the shape of fingers, glazed with chocolate, is called Éclairs au chocolat.
- Profiterolles—small oval cakes of milk, butter, sugar, eggs, &c.; served with chocolate sauce.

- Gâteaux fourrés aux confitures are jam turnovers or puffs.
- fourrés à la crème are turnovers or puffs filled with frangipane.
- --- fourrés de pommes à la Parisienne are paste turnovers filled with stewed apples and apricot marmalade.
- --- d'Artois, or à la Manon, are small covered puff-paste tarts or tartlets filled with any kind of preserve. Filled with apricot jam they may be called D'Artois aux abricots.

Mince pies are called Pâtés d'émincé.

Tartlets are filled with any kind of preserve, and take their name from it—as Tartelettes de fraises, aux cerises, aux prunes, &c.; à la vanille they are filled with pounded almonds, vanilla sugar, whipped whites of eggs, &c.

Tartelettes de crème à la Frangipane are filled with frangipane.

- à la Mosaique are filled with preserve, and covered with a mosaic of paste.
- à la Pompadour are filled with a ball of brioche paste folded over apricot or other marmalade, and sprinkled with sugar.

Dauphines are tartlets filled with preserve, with

custard over it, and Meringue mixture piled on the top.

Fanchonettes are tartlets filled with custard, meringued over, and the tops ornamented with little miniature meringues. In Fanchonettes à la vanille the custard is flavoured with vanilla.

Mirlitons aux fleurs d'oranger are tartlets filled with a batter of eggs, sugar, butter, pounded macaroons, candied orange flowers, &c. They are flavoured in various ways—aux amandes, with almonds instead of the orange flowers; or au chocolat, with chocolate. Aux confitures they are half filled with jam before the batter is put in.

Talmouses are cheese-cakes.

- ---- au citron-lemon cheese-cakes.
- —— anx amandes are made of pounded almonds with sugar, butter, ground rice and eggs.
- --- aux oranges—made of pounded almonds, orange-flower water, sugar, butter and eggs, with orange marmalade.

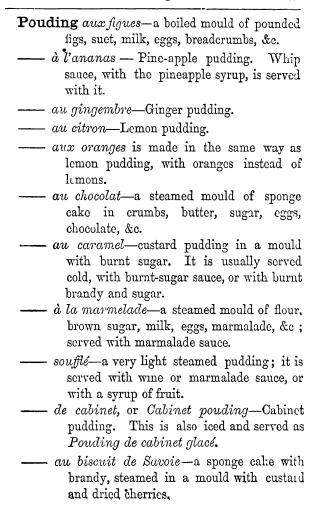
Of the fruit tarts there are Tarte aux abricots—apricots; aux prunes -plums; aux prunes reine-claude—greengages; de pêches—peaches; de pommes—apples; de pommes aux coings—apple with quince; de poires—pears; de framboises et groseilles—raspberries and currants; de groseilles, vertes or à maquereau—green gooscherries; de

groseilles—currants; de cassis—black currants; de raisins verts—green grapes; de cerises—cherries; de rhubarbe—rhubarb.

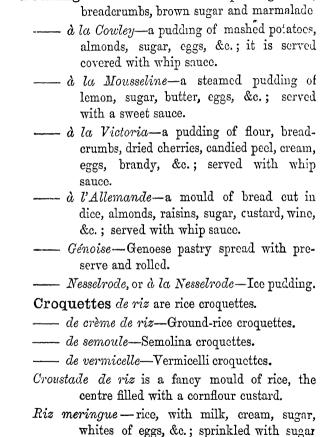
- Tourte à la crème d'amandes is an open tart filled with almond cream.
- —— à la frangipane is an open tart filled with Frangipane—a custard of flour, eggs, cream, butter or beef marrow, &c.
- --- d'abricots à l'Allemande -- an open tart filled with apricots, and apricot marmalade over them.
- Flan de poires, de cerises, de fraises, &c., are open fruit tarts.
- --- d'oranges is an open tart filled with stewed oranges.
- --- d'amandes à la d'Escars—an open tart filled with a custard of green almonds with candied orange flowers, yolks of eggs, cream, &c. This is also made with filberts.
- - à la crème pralinée is filled with custard, and is sprinkled with sugar and glazed.
- ---- d'abricots à la Metternich is filled with apricots and cherries, and the pounded kernels with cream on the top.
- Pointmes en croustade is a baked shape of paste filled with stewed apples, and garnished with dried cherries.

Apple dumplings are called Dumplings aux pommes.

PUDDINGS.
Plum pouding—Plum pudding.
Pouding au riz—Rice pudding.
au tapioca—Tapioca pudding.
au sagou-Sago pudding.
à la semoule-Semolina pudding.
—— au macaroni—Macaroni pudding.
—— au vermicelle—Vermicelli pudding.
à la crème de riz-Ground rice pudding.
—— au pain — Bread-and-butter pudding.  Another pudding "au pain" is made of breadcrumbs, milk, eggs, lemon peel, &c.
au pain bis-Brown-bread pudding.
aux abricots—breadcrumbs, cream, sugar, yolks of eggs and apricots, baked in a mould lined with paste.
aux groseilles—a purée of gooseberries, with breadcrumbs, eggs, &c. baked in a mould lined with paste.
butter, milk, eggs, &c. It is served with approact syrup or jam.
aux pommes—a baked pudding of alternate layers of breadcrumbs and apple sauce.



Pouding à la Snowdon—a steamed pudding of suct,



Dumpling ferme—small balls of a paste of flour,

and baked.

water and currants; served with wine sauce.

- Quenelles à la crème are small quenelles of a paste of flour, cream, eggs, &c. They are also made à la semoule with semolina.
- Soupe dorée, or Pain perdu—small shapes of bread, soaked in milk, &c., dipped in beaten eggs and fried.

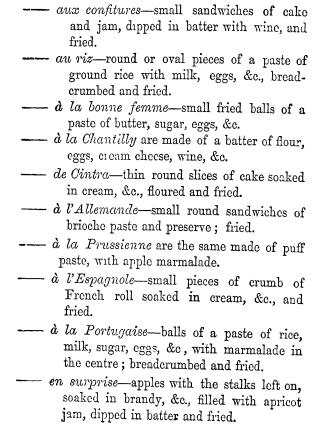
eggs and fried.
FRITTERS.
Beignets d'abricots à la Chartres are apricot
fritters.
- d'abricots à l'eau de vie-sandwiches of
bread dipped in brandy, and half apricots;
fried in batter.
— de pêches à la royale—peach fritters.
de pêches au vin du Rhin-half peaches
soaked in Rhine wine, &c., and fried;
served in a syrup of the wine with the
kernels.
— de pommes à la d'Orléans—apple fritters.
— de pommes à la Bavarie—apples soaked in
<u> </u>
brandy, &c., floured and fried.
-— de poires—pear fritters.
de fraises à la Dauphine strawberry
fritters.
— de groseilles à la Dauphine — currant
fritters.
—— d'ananas—pine-apple fritters.

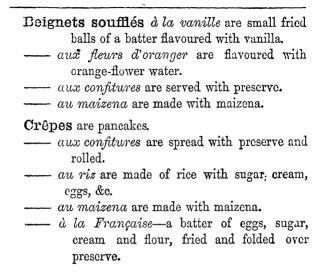
--- de fleurs de sureau-fritters of sprigs of elder

Beignets d'oranges—orange fritters.

--- à la crème are custard fritters.

flowers





# COMPOTES, &c., OF FRUIT.

- Compote d'abricots—apricots boiled in syrup. It is also made of green apricots.
- --- d'abricots à la Breteuil half apricots sprinkled with sugar and broiled; served with apricot and raspberry syrup.
- Abricots au riz are stewed apricots with rice. Served round a shape of rice, with apricot syrup, they are called à la Condé.
- Pain d'abricots is a mould of apricot cheese; it is served with cream in the centre.

- Meringue d'abricots—apricot marmalade with custard over it, and Meringue mixtare on the top.
- Croates aux abricots are fixed slices of bread spread with preserved apricots, and served with a syrup of apricots.
- Compote de pêches—peaches boiled in syrup.

  They are also dressed à la Condé, and as

  Pain de pêches in the same way as
  apricots.
- Chartreuse de pêches is a mould ornamentally lined with pieces of peaches, and filled with peach marmalade.
- Gâteau de Mirabelles is a mould of Mirabelle plum marmalade. Plums are also dressed as Meringue de prunes in the same way as apricots.
- —— de prunes à la crème is a mould of stewed prunes, currant jelly, &c.; served with whipped cream in the centre.
- Prunes au riz are stewed prunes with rice.
- Pain de prunes de damas is a mould of damson cheese or marmalade.
- Compote de prunes reine-claude—greengages boiled in syrup.
- Croûtes aux reine-claude are little patties of fried bread filled with compote of green-gages, and the syrup poured round.
- Pommes au beurre are apples filled with butter and sugar, and baked.

# Pommes au riz are stewed apples with rice. — au riz en timbale—a shell of paste filled with rice, and stewed apples in the centre; covered with apricot marmalade.

- au riz meringué are stewed, and served in a border of rice with custard over them, and the whole covered with Meringue mixture.
- --- meringuées are dressed in the same way without the rice.
- à la Condé are dressed the same as apricots.
- —— à la Portugaise are baked, and covered with apricot marmalade.
- Miroton de pommes—stewed apples with melted currant jelly and wine; garnished with dried cherries.
- Gâteau de pommes is a mould of apple marmalade; served with a custard sauce.
- --- de pommes aux abricots—a mould of apple marmalade, covered with apricot marmalade.
- Pain de pommes à la Russe is a mould of apple marmalade with whipped cream in the centre, and melted currant jelly round.
- Croquettes de pommes are pieces of apple marmalade, breadcrumbed and fried.
- Meringue de pommes à la Portugaise—a round shell of paste filled with apple marmulade, with half apples on the top, and a well of

- custard in the centre; spread with orange marmalade, and covered with Meringue mixture.
- Chartreuse de pommes is a mould ornamentally lined with slices of apples, coloured pink and yellow, and filled with apple marmalade.
- Charlotte de pommes is Apple Charlotte. If apricot jam is mixed with the apple marmalade it is called Charlotte de pommes aux abricots.

Pears are dressed au riz, as Charlotte de poires, and in many of the ways given for apples.

- **Timbale** de poires is stewed pears in a shell of paste, covered with apricot marmalade.
- Compote de poires au riz—a compote of pears stewed in syrup, served cold with a border of rice.
- --- de fruits à la Normande is a mould of pears stewed in eider. Slices of fried bread spread with this compote are called *Croûtes à la* Normande. They are dressed in a circle, with a syrup of the jam with wine in the centre.
- Croûtes aux fraises à la Bellerive strawbernies spread on buttered buns.
- Pain de framboises et groseilles is a mould of raspberry and currant cheese; it is served

with cream in the centre. Black currants are dressed in this way as Pain de cassis à la crème.

Compote d'oranges—oranges boiled in syrup.

Pain d'ananas is a mould of pine-apple cheese.

Croûtes aux ananas are little patties of fried bread, filled with compote of pine-apples and served with the syrup.

Compote de marrons—boiled chestnuts with syrup.

Gâteau de marrons is a steamed mould of pounded chestnuts with cream, eggs, &c. Balls of this preparation, breadcrumbed and fried, are served as Croquettes de marrons.

Marrons à la crème are powdered chestnuts covered with whipped cream.

Châtaignes croquantes are small crystallized pieces of pounded chestnuts with sugar, eggs, &c.

Chartreuse de fruits is an ornamental mould of fruit.

Macédoine de fruits is composed of mixed fruits in syrup. Au citron it is flavoured with lemon.

de fruits en gelée is a mould of alternate layers of the different fruits, and of jelly.

Croûtes aux fruits are fried slices of bread spread

with preserved fruit, and served with a syrup of the fruit.

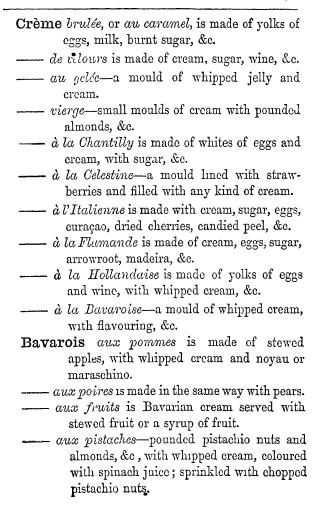
Petits nougats à la Chantilly are small shapes of nougat filled with Chantilly cream.

Croquantes are small pieces of nougat.

### CREAMS.

Crème au chocolat is chocolate cream. These creams served in little cups, are called Petits pots de crème au chocolat, &c.

- au café is coffee cream. --- de thé is tea cream. --- de thé vert is green tea cream. —— à la vanille is vanilla cream. - au ponche is flavoured with punch. ——— au noyau is flavoured with noyau. - au marasquin is flavoured with maraschino. - aux abricots is apricot cream. - de fraises is strawberry cream. - de framboises is raspberry cream. -- à l'ananas is pineapple cream. --- aux mille fruits is made with preserved strawberries, raspberries, apricots, plums and other fruits. --- d'oranges is orange cream. - d'amandes is almond cream.
- aux fleurs d'oranger is made of fresh orange flowers boiled in cream.



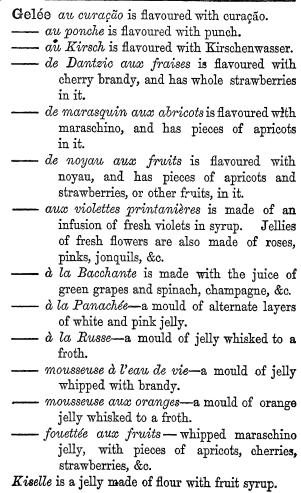
- Bavarois au maizena is a cream of sugar, milk, maizena and yolks of eggs.
- —— glacé is iced Bavarian cream.
- Crème fouettée de fraises, or Mousse aux fraises, is whipped strawberries and cream.
- -— aux framboises—whipped raspberries and cream.
- Blanc-manger au café is blanc-mange flavoured with coffee; à la vanille it is flavoured with vanilla.
- --- aux amandes is made with pounded almonds, and flavoured with orange-flower water.
- Crème frite à la patissière is a custard cut in pieces, breadcrumbed and fried.
- —— frite au chocolat—a chocolate cream cut in pieces, breadcrumbed and fried.
- Ideringues à la crème are meringues filled with whipped cream.
- ---- aux fraises are filled with whipped strawberries and cream.
- -— à la Chantilly are filled with Chantilly cream.
- Petites meringues aux pistaches are small meringues sprinkled with chopped pistachio nuts, and filled with whipped cream.
- Meringue à la Parisienne—a pile of rings of meringue preparation, piped with currant jelly in stripes, the centre filled with cream and garnished with-strawberries.

- Charlotte Russe is a mould lined with finger biscuits, and filled with whipped cream.
- —— Prussienne is a mould with half an inch of red jelly at the bottom, lined with finger biscuits, and the centre filled with Bavarian cream.
- and filled with maraschino cream.
- Biscuits à la crème—a rich frothy cream, baked in small paper cases.
- Parfait au chocolat or au café is a tall conical mould of chocolate or coffee cream ice.
- Glaces au four are small pieces of ice, folded in paste and baked.
- Glace meringuée au four is a mould of any kind of cream ice, covered with a meringue preparation, and browned.
- Gâteau glacé à l'Elorse—a mould lined with whipped cream, and filled with custard and stewed cherries; iced, and served with custard over it.
- Cartouches de M. de Cupidon—Love's cartridges—vanilla cream ice in the shape of cartridges, filled with chocolate.
- Glace de Plombières is an ice of pounded almonds, sugar, cream, eggs, &c. This ice is not put in a mould, and is served with apricot jam.
- Bombe glacée—a cream of yolks of eggs with syrup, &c., iced in a round "bombe" mould.

Granito Romaine is a liquid ice of coffee and syrup, served in little cups.

## JELLIES.

Gelee de pommes—Apple jelly.
—— de prunes—Plum jelly.
—— d'oranges—Orange jelly.
—— de citron—Lemon jelly.
de cassis-Black current jelly.
—— de cerises—Cherry jelly.
—— de framboises—Raspberry jelly.
de fraises is jelly coloured red, with whole
strawberries in it. If the jelly is flavoured
with vanilla, it is called Gelée de fraises à
$la\ vanille.$
— de mares sauvages à la crème—a mould of
blackberry jelly with whipped cream in the
centre.
- à l'ananas is pine-apple jelly, with pieces of
pineapple in it.
— au jus de grenades—Pomegranate jelly.
— à la macédoine de fruits—whole fruits in
a jelly flavoured with maraschino.
— au madère—Wine jelly.
— au rhum is flavoured with rum.
- au noyau is flavoured with noyau.
au marasquin is flavoured with maraschino.
- à la Chartreuse is flayoured with Chartreuse.
_



# SOUFFLÉS.

These may be served in a soufflé dish, or in small paper cases as *Petits soufflés*.

Soufflé au café is flavoured with coffee.
—— au chocolat is flavoured with chocolate.
— au café vierge is flavoured with green coffee.
— au citron is flavoured with lemon.
— à la vanille is flavoured with vanilla.
— au marasquin is flavoured with maraschino.
— aux amandes is flavoured with pounded
almonds.
— aux macarons is flavoured with macaroons.
— aux fleurs d'oranger is flavoured with candied
orange flowers, or orange-flower water.
— au gingembre is flavoured with preserved
ginger.
— aux abricots is made with the addition of
stewed apricots. Soufflés are also made
with other fruit.
7,202
— à la crème is made with whipped cream
instead of some of the whites of eggs.
Baked in small paper cases it is called
Biscuits soufflés à la crème.
•••
— au riz is a rice soufflé flavoured with lemon
or vanilla.
— à la crème de riz is made with ground rice.
— au tapioca is made with tapioca.
- à la fécule de pommes de terre is made with
2
potato flour.

- Soufflé à la Paysanne—a purée of apples, with a purée of chestnuts with cream over it, and meringue mixture on the top.
  - glacé au marasquin is an iced soufflé flavoured with maraschino. Coffee or other flavouring may be substituted for maraschino, and the soufflé named accordingly. Iced in small paper cases it is called Biscuits glacés au marasquin, &c.
- glacé aux fraises is an iced strawberry soufflé.
- --- glacé vanille et chocolat—an iced vanilla soufflé, with chocolate on the top.
- —— glacé au curação—an iced soufflé flavoured with curação and covered with a meringue preparation. Iced in small paper cases this is called Biscuit mousseux glacé en caisse.

# CHAPTER IX.

### SAVOURY ENTREMETS OF CHEESE, ETC.

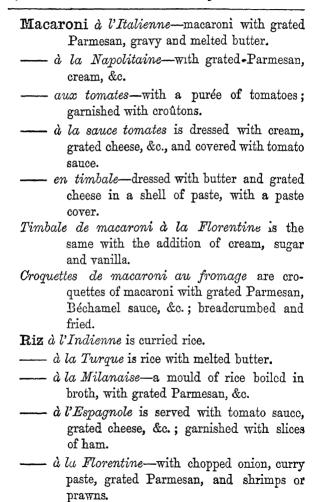
- Soufflé au Parmesan is a cheese soufflé. As Petits soufflés it is served in small paper cases.
- Fondue au Parmesan is a cheese fondu, baked in a soufflé dish or paper case, or steamed.
- --- à la Napolitaine has the addition of short pieces of macaroni.
- au pâte d'Italie has the addition of Italian paste. These may all be served in small paper cases as Petites fondues.
- Petites fondues en caisse au Stilton are made with the addition of small dice of Stilton cheese.
- Ramequins are made of milk, flour, eggs, grated Parmesan, &c., baked in small paper cases.
- --- à la Raymond are made with Gruyère cheese, and are baked in small lumps.
- à la Sefton, or au feuilletage, are small shapes
  of puff paste with grated Gruyère and Parmesan cheese.

- Ramequins à la Genevoise—grated cheese with cream, baked on slices of bread.
- Nudeln au Parmesan are poached quenelles of butter, flour, milk, eggs, grated Parmesan, &c.
- Kluskis au fromage à la crème are little poached rolls of a paste of cream cheese, butter, eggs, breadcrumbs, &c.; served with blackbutter sauce.
- Canapés au fromage—dissolved Parmesan on round slices of fried bread.
- Croûtes au fromage—grated cheese with b tter, breadcrumbs, yolks of eggs, &c., spread on pieces of toast and browned.
- Brioches au fromage are small cakes of brioche paste with grated Parmesan and small dice of Gruyère.
- Grugère au fromage—butter, grated cheese, flour and eggs, baked with slices of cheese on the top, and glazed.
- Crème de fromage—a baked cream of grated cheese, eggs and milk.
- Petits pains de fromage are little cakes of flour, butter and grated cheese.
- Fromage cuit is toasted cheese.
- Tartelettes à la Sefton are tartlets of a paste of grated Parmesan, flour, butter, &c., filled with a cheese custard.
- Pailles au Parmesan are cheese straws.

- Pailles à la Sefton are cheese straws of puff paste with grated Parmesan.
- Diablotins au Gruyère are little fried balls, the size of chocolaie drops, of a paste of milk, butter, flour, eggs, grated cheese, &c.
- Biscuits au fromage are cheese biscuits.
- à la Diable au fromage are biscuits spread with cheese, mustard, cayenne, &c., and grilled.
- à la Russe—biscuits spread with chopped parsley, hard-boiled egg and anchovies, and ornamented with the separate ingredients.
- **Talmouses** à la Saint-Denys are biscuits of flour, cream curds, cheese, butter and eggs.
- Timbale à la Diable is a mould of layers of rice with grated Parmesan, &c., with alternately slices of ham and of Gruyère cheese, between the layers of rice. Baked and served with gravy.
- Croûtes au jambon are ham toasts.
- à l'Indienne—butter, eggs, chopped capers, anchovy, &c., on small pieces of buttered toast.
- --- aux anchois are small pieces of fried bread spread with anchovy butter or paste. They are sometimes garnished with fillets of anchovy.
- Canapés aux anchois are round slices of fried

- bread with chopped anchovies, capers, yolk and white of egg arranged on them separately in quarters.
- Allumettes d'anchois are strips of anchovies wrapped in paste and fried.
- Anchois farcis—anchovies boned, stuffed, dipped in batter and fried.
- Rôties à la minime are fillets of anchovies or sardines on oblong pieces of fried bread; served with a sauce of oil, vinegar, &c.
- Sardines au Parmesan are sardines on buttered strips of toast spread with grated Parmesan.
- ---- en papillotes are boned, stuffed, and served in papers.
- Tartines de caviare—Russian caviare spread on small slices of buttered toast.
- Canapés à la Prince de Galles very small rolls filled with chopped ham, anchovies, gherkins and truffles, with oil, vinegar, &c.

  The top covered with aspic or Mayonnaise sauce.
- Macaroni au gratin—macaroni with grated cheese and white sauce. Sprinkled with breadcrumbs, Parmesan and melted butter, and baked.
- a la crème is macaroni in a sauce of grated cheese, butter and cream. Garnished with croûtons.



- Riz à la Piémontaise—dry rice with potato pulp, grated Parmesan, &c. Garnished with fillets of anchovies.
  - a la Polonaise—served with slices of fried onion, grated ham and cheese.
  - --- à la Mustapha-with melted butter and chopped truffles.

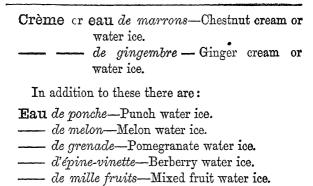
# CHAPTER X.

### ICES OR GLACES.

Ar large dinners it is usually the custom to give the names of the ices—cream and water—on the menu; but they are often omitted from it, as they are served after the dessort has been put on the table, and therefore cannot be said to form part of the dinner.

Crème de thé—Tea cream ice.
— de thé vert—Green tea cream ice.
— de vanille—Vanilla cream ice.
— de ratafias—Ratafia cream ice.
- aux fleurs d'oranger-Cream ice with in-
fusion of orange flowers.
—— Bavaroise—Bavarian cream ice.
The following can be cream or water ices:
Crème, or eau, de café—Coffee cream or water
ice.
de chocolat—Chocolate cream or water
ice.
—— de noyau—Noyau cri am or water ice.
—— d'abricots — Apricot cream or water
ice.

Crème or eau de pêches—Peach cream or water
ice.
—— de fraises — Strawberry cream or
water ice.
——————————————————————————————————————
water ice.
— · · · · · · de framboises et groseilles — Rasp-
berry and currant cream or water ice.
— de groseilles—Currant cream or water
ice.
— de cassis — Black currant cream or
water ice.
—— de cerises—Cherry cream or water ice.
de groseilles vertes-Green gooseberry
cream or water ice.
de raisins — Grape cream or water
ice.
——————————————————————————————————————
ice.
—— de rhubarbe — Rhubarb cream or
water ice.
de canneberges-Cranberry cream or
water ice.
—— de citron—Lemon cream or water ice.
——————————————————————————————————————
ice.
d'amandes — Almond cream or water
ice.
— de pistaches—Pistachio nut cream or
water ice.



If orange ice is made of Chinese oranges it is called de Chinois.

--- de canelle-Cinnamon water ice.

For water ices fresh fruit is necessary, as preserved fruit can only be used for cream ices.

### CHAPTER XI.

### SAUCES AND GARNISHES.

### SAUCES.

.THE following are the principal sauces and garnishes which are used in cookery. Many of them have been mentioned in the course of these pages, and as the names frequently convey no idea of their ingredients, a slight description of them is given.

The two chief sauces are *Velouté*—white, and *Espagnole*—brown. Many other sauces are made from these.

Allemande is a thicker form of velouté sauce.

Anchois (Anchovy)—melted-butter sauce with anchovy, &c.

Aur ore—Allemande and tomato sauce, with Chili vinegar, &c.

Béarnaise—yolks of eggs, butter, French vinegar, chopped parsley, &c.

Béchamel—Velouté sauce with cream. This is also made without stock if a maigre sauce is required.

Beurre-melted-butter sauce.

- Beurre noir—black-butter sauce of browned butter and vinegar. This sauce is usually served with skate or grilled mackerel.
- Bigarade is made of oranges with brown sauce.
- Blonde—melted-butter sauce made with stock instead of water.
- Bordelaise—brown sauce with wine, chopped parsley, &c.
- Bourgeoise—stock with French mustard, tarragon, &c.
- Bourguignotte brown sauce with wine, onions, mushrooms and truffles.
- Bretonne-brown sauce with onions, &c.
- Câpres (Caper)—brown or white sauce, with capers.
- Caramel—burnt sugar. It is sometimes made of burnt brandy and sugar.
- Cardinal—white sauce coloured with lobster or crayfish butter.
- Cazanova—Mayonnaise sauce with yolks of hardboiled eggs, shred whites of eggs and truffles.
- Champignons (Mushroom)—brown or white sauce with purée of mushrooms.
- Chateaubriand—brown sauce with Maître d'hôtel sauce.
- Chevreuil—Poivrade sauce with wine, Harvey, red currant jelly, &c.
- Court-bouillon-wine, or vinegar and water,

- butter, vegetables, &c. This sauce is only used in cooking.
- Crème—melted-butter sauce with yolks of eggs and cream.
- Crevettes (Shrimp) Cardinal sauce with anchovy, pickled shrimps, &c.
- Czarina—brown sauce with sultana raisins, gherkins, &c.
- Diable (Devil sauce)—brown gravy with Oude and Harvey sauce, vinegar, &c.
- Diplomate—Béchamel sauce flavoured with erayfish.
- D'Uxelles—white sauce with chopped ham, mushrooms, parsley, &c.
- Estragon (Tarragon)—white stock with Tarragon vinegar, tarragon, &c.
- Fenouil (Fennel) melted-butter sauce with chopped fennel.
- Financière—brown sauce with wine, mushroom catsup, &c.
- Fines-herbes—brown sauce with chopped mushrooms, shallots and parsley.
- Fouettée—sweet whip sauce of yolks of eggs, sugar and wine.
- Fumet de gibier—a brown game sauce with onions, wine, &c.
- Genevoise—brown sauce with wine, anchovy, chopped parsley, &c. This sauce is generally used for freshwater fish.

- Groseilles vertes—green gooseberries with butter, breadcrumbs, &c. For mackerel.
- Hollandaise—yolks of eggs and butter with vinegar, &c.
- Homard (Lobster)—melted-butter sauce, with lobster spawn and the flesh in small pieces.
- Huîtres (Oyster) oysters in white or brown sauce.
- Indienne—tomato sauce with curry paste, anchovy, &c.
- Italienne—brown or white sauce with wine, chopped shallots, mushrooms, &c.
- Jambon (Ham)—brown sauce with shred ham, butter, chopped shallots, &c.
- Jolie fille (Fair maid's)—white chicken sauce with hard-boiled yolks of eggs, bread-crumbs, &c.
- Kari-Curry sauce.
- Lyonnaise—Portugal onions with tomato sauce,
- Maître d'hôtel—Béchamel sauce with chopped parsley, &c. It is also made without stock.
- Marinade vinegar and water with onions carrots, &c.
- Marrons (Chestnut)—chestnut flour with brown stock. White chestnut sauce is made of the flour with broth and milk.
- Matelote—brown stock with wine, young onions, mushrooms, &c. White matelote sauce is

- made of broth and wine, with tarragon, &c.
- Mayornaise—a cold sauce of yolks of eggs, oil and vinegar.
- Milanaise—grated Parmesan with cream sauce, or with brown sauce and mustard.
- Mirepoix—broth and wine with bacon, chopped vegetables, &c.
- Moules (Mussel)—a white sauce with anchovy and mussels.
- Mousquetaire—oil and Tarragon vinegar, with mustard, shallot, &c.
- Moutarde (Mustard) melted-butter sauce with mustard, Chili vinegar, &c. For herrings.
- Napolitaine brown sauce with Port wine, Harvey sauce, ham, horseradish, currant jelly, &c.
- Œufs (Egg)—melted-butter sauce with hardboiled eggs cut in pieces. Served with haddock and salt cod.
- Pauvre homme vinegar and water with shallots, &c.
- Percil (Parsley) melted-butter sauce with chopped parsley.
- Périgueux—brown stock with wine and truffles.
- Piquante—brown sauce with vinegar, shallots,
- Poivrade—brown sauce with vinegar, anchovy,

ham, onions, &c. White Poivrade sauce is made of white sauce with vinegar, onions, &c.

Portugaise—butter, yolks of eggs and lemonjuice.

Poulette — Allemande sauce with chopped parsley. This is also called *Blanquette*.

Provençale—white wine with tomatoes, chopped capers and mushrooms, garlic, &c.

Raifort (Horseradish)—cream, vinegar and horseradish.

Ravigote—Maître d'hôtel sauce with Chili vinegar, Harvey and anchovy.

Ravigote verte — white sauce with pounded tarragon, chervil, &c.

Réforne—Poivrade sauce, Port wine, Harvey, currant jelly, &c.

Rémoulade—broth with mushrooms, chopped parsley, mustard, vinegar and garlic. Cold Rémoulade sauce is made of oil with chopped parsley, capers, garlic, &c.

Richelieu is a white game sauce with onions and wine.

Robert—brown stock with chopped Portugal onions, mustard and vinegar.

Russe—a white sauce with horseradish, vinegar, yolks of eggs and cream.

Sainte-Ménehould — milk, butter and flour, with chopped parsley, mushrooms, &c.

Salmis—a brown game sauce with wine, oil, &c.

- Sauge (Sage)—stock, vinegar, chopped sage, &c.
- Soubise—a purée of onions with cream.
- Suprême—a white chicken sauce with wine and cream.
- Tartare—Mayonnaise sauce, or oil and vinegar, with mustard, &c.
- Tomates (Tomato)—a purée of tomatoes with stock, &c.
- Truffes (Truffle)—brown sauce with wine and truffles.
- Verte—wine and stock with pounded herbs, yolks of eggs, &c.
- Villeroi—white sauce flavoured with mushrooms, &c.
- Vin de Madère—brown sauce with Madeira or other wine. It is also a sweet sauce of yolks of eggs, wine, &c.
- Vin d'Oporto—Port wine with shallots, Harvey, &c. This sauce is used for wild ducks.

### GARNISHES.

- Chipolata—small round sausages, pieces of bacon, mushrooms, chestnuts, &c., with brown sauce.
- Financière cock's combs, livers, quenelles, pieces of sweetbread, &c., with brown sauce and wine.
- Flamande—carrots, turnips, cabbages and other vegetables, with sausages.

Godard — sweetbreads, quenelles and truffles, with brown sauce.

Jardinière—vegetables cut in shapes, in a light glaze.

Macédoine — vegetables cut in shapes, with brown or white sauce.

Milanaise—strips of macaroni, ham, chicken, truffles, &c., in white sauce with grated Parmesan.

Réforme — shred ham, carrots, truffles and whites of eggs.

Toulouse—Financière garnish made with white instead of brown sauce. This is sometimes called a white Financière garnish.

